



## FEBRUARY 2016

### Thursday, February 25, 2016

Legacy Elementary Media Center, 28 East 1340 North, American Fork

# **Transition to Kindergarten** 5:30-6:30

This presentation will explain how the transition to kindergarten process works, including: assessment procedures, determination of needs, available placements, and timelines.

\*\*\* Please DO NOT bring any children to the class. We will discuss a lot of information in a short time. This class is for ADULTS ONLY.

# Transition to Middle School/Junior High and High School 6:35-7:30

The transition from elementary to middle school and from middle to high school is bound to create some anxiety for students and parents. Join us for a discussion about what can be done to help ease the transition and prepare your child for success.

Open to all parents who have a student who is struggling, on a Section 504 Plan or an IEP Plan.

Childcare is not provided.

### **ATEC's Meet the Provider Night Open House**

Meet representatives from Vocational Rehabilitation, Medicaid, Utah Work Incentive Planning Services, Guardian Associates of Utah, Division of Services for People with Disabilities, Utah Parent Center and Ability 1st.

Tuesday, Feb. 9, 2016 6:30-8:00 p.m.
ATEC: 766 E. Bamberger Dr., American Fork, UT 84003 UT
Questions: ATEC: 801-610-8186 or Debbie Johansson: 385-233-1176

CHADD OF UTAH - Utah County AD/HD Support Group

Topic: Reducing Stress and Connecting with your AD/HD Child Speaker: Annabella Hagen, LCSW, RPT-S

Thursday, February 11, 2016 - 7:00 - 8:30 pm

Provo City Library, 550 North University Ave., Provo, Young-Card Room #308

If you are a parent of a child with AD/HD or you are an adult with AD/HD, then this support group is just for you! www.chaddofutah.org

Questions? Contact Maria Wiscombe at 801-318-1959 - maria@utahparentcenter.org

For information on these and other upcoming events visit
Alpine School District's Community Calendar at <a href="https://goo.gl/XTDwnk">https://goo.gl/XTDwnk</a>
Or Facebook at www.facebook.com/UPCAlpine

#### **SAVE THE DATE:**

**UVU Conference on Addiction** Friday, March 4, 2016

www.uvu.edu/chss/addiction 9:00 a.m-4:00 p.m.

### **Alpine School District Parent Conference**

Thursday, March 24, 2016 6:00-8:30 p.m. Legacy Elementary Media Center, 28 East 1340 North, American Fork

#### Topics include:

- Who's Taking Care of the Caregiver? How to put our oxygen mask on first!
- The Importance of Play in School and at Home
- Visual Schedules: What role can they play in helping with behavior
- Self-Advocacy: Ideas on talking to your child about their disability and getting their "buy-in" to their school plans