

Polaris High School Titan Tots Daycare Policies 2016-2017

Welcome to the Polaris High School Titan Tots Daycare Program. We are excited to have you and your child participate this school year. These policies are for you to follow for your child's safety and well-being. If you have any questions, please feel free to discuss them with us. Phone: 801-610-8180 ext.117, Fax: 801-227-2447.

Director: Patricia Farnsworth: Aides: Shantel Robinson, Yana Carlson, Karen Holmstead, and Kylie Huisken.

Daycare Hours

Monday- Thursday 8:15 am to 3:30 pm
Friday 8:15 am to 12:50 pm

Ages for Enrollment

We accept children from six weeks old to five years old.

Immunizations

We strictly follow the Utah Departments of Health Immunization Program. Your child must be current with all of their immunizations in order to use the daycare. Please do not try to enroll your child unless you have a current and complete immunization record from your child's doctor. It is your responsibility to keep your child's immunization record updated and to bring in a copy of the updated immunization record each time your child has shots.

Schedules

A schedule is required for each child and must be made in advance. The reason for schedules is so that we know who to expect and when to expect them. We have legal restrictions regarding child/staff ratios. Please call the school by 8:15 am if your child will be absent from the daycare.

Child Check-in and Check-out

Your child must be checked in and out each time you use the daycare. We will assign your child a four-digit account code for our computerized system that you need to use each time you come and go. If someone other than you needs to pick up your child, you must make arrangements with the daycare staff in advance. We need to know the name of the person picking up your child, and we require that person to have valid identification (such as a driver's license) for verification.

Please remember the daycare is for the children. You may not study or "hangout" in the daycare. Friends are NOT allowed in the daycare with you. This means that friends may not come into the daycare room when you check your child in or out. Daycare children are not allowed in the classrooms or in the lunchroom during school hours.

School approved activities, such as a field trip, are the only reasons for leaving the building without your child. If we find out that you have left the building without your child, you will be referred to the administration, and your daycare privileges may be terminated

Diaper Bag

A diaper bag for those still in diapers, or a backpack for older children, must be brought each day. A provision bag for your child should include the following: a blanket, at least six (6) diapers, wipes, a bottle, formula, a pacifier attached to a pacifier holder, a complete change of clothes (for each child), shoes and socks, etc. Please make sure your child's diaper bag is clean and well organized and that there isn't any garbage or unsealed food in it. Please label everything with your child's name or initials. Please do not send toys or valuables from home with your child.

Food and Nutrition

The daycare does not serve breakfast. You must feed your child breakfast prior to bringing him/her to the daycare. Please do not bring your child's breakfast to the daycare and ask us to feed your child.

We provide a morning snack at 9:15 am and an afternoon snack at 1:30 pm. Snack items include fruit, fruit snacks, crackers, cookies, etc. We also provide juice or water at snack time.

Lunch is at 11:00 am, and you need to provide a sack lunch and a drink for your child each day. Please make sure your child has a nutritious lunch that includes something from each food group. For additional information regarding food groups and portion sizes that are age appropriate for your child, please go to www.choosemyplate.gov. We suggest that you follow the MyPlate guidelines when preparing your child's lunch each day. Also, we require that you list all food allergies on the enrollment form so that we can avoid any problems.

Quiet Time

We have quiet time/nap time from 11:30 am to 1:00 pm. We request that all children rest even if they don't nap. Quiet time includes a movie for children who don't nap. Please reinforce with your child that we have quiet time each day. It makes the transition to this schedule much easier for your child and for the daycare staff.

Sick Policy

The daycare needs to be safe and clean for all the children who are using it. If your child shows any sign of sickness, we ask that you keep them home. **Please do not bring your sick child to the daycare.** If your child comes to the daycare sick, or if they get sick while in the daycare, you will be required to take your child home, and medical care may be suggested. In some cases, a doctor's note will be required before your child can return to the daycare.

We notify parents of all communicable diseases, such as chicken pox, scabies, impetigo, etc. that show up in the daycare. If your child is exposed to a communicable disease outside of the daycare, please notify us so that we can discuss the incubation period and we can determine the date that your child can return to the daycare. Again, in some cases, a doctor's note will be required before your child can return to the daycare.

Please keep your child home if they show any of the following symptoms:

- Fever of 100 degrees or more
- Vomiting
- Diarrhea--an increased number of stools compared with the child's normal pattern with increased water and/or decreased form. May be accompanied by nausea, vomiting, abdominal cramping, headache, and/or fever.
- Colds—watery discharge from the nose and eyes, sneezing, chills, and general body discomfort. If there is fever or yellow or green drainage from the eyes or nose, it is particularly important to keep your child home.
- Ear infection (must be on antibiotics for 24 hours before returning to the daycare)
- Persistent cough
- Strep throat or sore throat
- Stomach ache
- Flu symptoms
- Any other symptoms which are suggestive of acute illness
- Pink eye or Conjunctivitis—redness of the eye or eyes, matted lashes, burning or itching eyes.
- Impetigo
- Presence of any skin rash that might be due to a viral or bacterial infection
- Extreme fussiness after shots

Sick Policy (continued)

Please remember that your sick child needs special care from you. Your child needs to be symptom free (refer to the list above) for 24 hours before returning to the daycare. If the doctor has prescribed your child an antibiotic, you will need to keep your child home for 24 hours before they can return to the daycare. Our sick care policy is based on Utah County Health Policies and is not negotiable.

Medications/Health-Care

We can administer pain reliever (such as Tylenol) for teething pain, ear infections, etc. We keep a Tylenol log sheet, and we will need you to sign it and note the amount given. If your child requires a prescription medication to be administered by school staff during the hours they are in daycare, you will need to meet with the school nurse, fill out an authorization for medication form, and have your child's pediatrician sign it. If your child has special medical needs, other than prescriptions, you will need to meet with the school nurse to complete a health-care plan form for your child. This form also requires your pediatrician's signature. These forms are kept on file and must be updated every school year.

Discipline and Guidance

Our discipline program is based on the following rules:

- Every child has the right to be in an environment where he/she is not hurt by another child or adult.
- Every child has the right not to be bullied (verbally, emotionally, physically, or sexually).
- Every child has the right to hear clean language.
- Every child is expected to be respectful of other children, adults, and school property.
- We use time-out if needed.

Child Abuse and Neglect

Any employee of the Alpine School District, who has reasonable cause to believe that a child has been abused or neglected, is required by law to report it. This report is made to the school administration, the school nurse, the school resource officer, and to the local DCFS office.

Emergency Evacuation

In the event of an emergency, (such as a fire), all students need to evacuate the building. Because of fire code restrictions, we cannot have you come to the daycare room to pick up your child. We are not allowed to have students come into a room that we are trying to evacuate. We ask that you evacuate with your class and stay with your teacher. We will evacuate the children in the daycare. This is for your safety as well as for the safety of your child. The daycare emergency meeting place is the daycare playground on the north-east side of the school. After you have evacuated, you will need to stay with your teacher until he/she gives you permission to meet your child at the playground. Please be aware that PHS conducts four (4) fire drills during the school year, as well as one (1) earthquake drill.

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Please sign this page after you have thoroughly read the policies document. Keep the top three pages for yourself so that you can refer to them if you need to. Return this page, the registration for enrollment form, and a copy of your child's current immunization record to the daycare. These papers must be turned in at least one (1) day before you want your child to start using the daycare so we have time to set up an account for your child.

I, _____,

the parent/guardian of, _____,

have read and understand the daycare policies and will follow them as outlined.

Parent/Guardian Signature: _____

Date: _____

Please have a parent, a legal guardian, or a foster parent read these policies and sign and date below.

Name: _____

Signature: _____

Relationship to student: _____

Date: _____

REGISTRATION FOR TITAN TOTS DAYCARE ENROLLMENT

Child's name: _____

Birthday: _____

Mother's name: _____ Birthday: _____ Grade: _____

Father's name: _____ Birthday: _____ Grade: _____

Address: _____

Home phone: _____ Cell phone: _____

People who have permission to check your child out: _____

Schedule

You must fill out a schedule so that we know when to expect your child. Please list the days and times that you would like to have your child in daycare. Example: Monday 8:15 am – 3:25 pm.

Monday: _____

Tuesday: _____

Wednesday: _____

Thursday: _____

Friday: _____

Information about your child

Feeding and napping schedule: _____

Medical conditions: _____

Allergies: _____

Special needs or circumstances: _____

Doctor: _____

Preferred Hospital: _____

Emergency Contacts: _____ Phone: _____

_____ Phone: _____

Parent/Guardian Signature: _____ Date: _____