



Skyridge Falcons Wrestling Summer Weightlifting Schedule

Day	Date	Time	Place	Event
Mon	June 6	6:00 am	Lehi Junior	Weights
Wed	June 8	6:00 am	Lehi Junior	Condition
Thur.	June 9	6:00 am	Lehi Junior	Weights
Mon	June 13	8:30 am	Lehi Junior	Weights
Wed	June 15	8:30 am	Lehi Junior	Condition
Fri	June 17	8:30 am	Lehi Junior	Weights
Mon	June 20	8:30 am	Lehi Junior	Weights
Mon	June 27	8:30 am	Lehi Junior	Weights
Wed	June 29	8:30 am	Lehi Junior	Condition
Fri	July 1	8:30 am	Lehi Junior	Weights
July 4th-12th	Moratorium			
Wed	July 13	8:30 am	Lehi Junior	Condition
Fri	July 15	8:30 am	Lehi Junior	Weights
Mon	July 18	8:30 am	TBD	Condition
Wed	July 20	8:30 am	Skyridge	Weights
Fri	July 22	8:30 am	Skyridge	Condition
Mon	July 25	8:30 am	Skyridge	Weights
Wed	July 27	8:30 am	Skyridge	Condition
Fri	July 29	8:30 am	Skyridge	Weights
Mon	Aug 1	8:30 am	Skyridge	Weights
Wed	Aug 3	8:30 am	Skyridge	Condition
Fri	Aug 5	8:30 am	Skyridge	Weights

Wrestling camp is June 22nd – 24th at Lehi Junior High.