

American Fork High School Sports & Coaches

| | | |
|--------------------|------------------|--|
| Baseball | Jarod Ingersoll | jingersol@alpinedistrict.org |
| Boy's Basketball | Ryan Cuff | rcuff@alpinedistrict.org |
| Girl's Basketball | Jason Herrud | jherrud@alpinedistrict.org |
| Cheer | Lizzy Rosenberg | lizzy.rosenberg@yahoo.com |
| Color Guard | Jessica Slabaugh | jslabaugh@alpinedistrict.org |
| Boy's Cross Cntry | Timo Mostert | tmostert@alpinedistrict.org |
| Girl's Cross Cntry | Bruno Hunziker | bhunziker@alpinedistrict.org |
| Drill Team | Jeanna Harmon | jeanaharmon@alpinedistrict.org |
| Football | Aaron Behm | abehm@alpinedistrict.org |
| Golf | Lynn Anderson | lynnanderson@alpinedistrict.org |
| Boys Lacrosse | Tyson Poole | tysonpoole22@gmail.com |
| Girls Lacrosse | Ray Langhaim | raymondlanghaim@aol.com |
| Boys Soccer | Casey Waldron | cwaldron@alpinedistrict.org |
| Girl's Soccer | Derek Dunn | derekdunn@alpinedistrict.org |
| Softball | Leslee Warr | lwarr@alpinedistrict.org |
| Swimming | Kathy King | kking@alpinedistrict.org |
| Tennis | Jason Herrud | jherrud@alpinedistrict.org |

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| Track & Field | Brett Myrup | bmyrup@alpinedistrict.org |
| Volleyball | Jen Hardman | jhardman@alpinedistrict.org |
| Wrestling | Eric Spencer | spencer@alpinedistrict.org |