



# *FREE Class for Parents of teens who self-injure*



**Cutting is a  
serious issue  
and  
we can help  
you help  
your teen!**

*Call to register*

# **801-785-8885**

Course is offered by Stephanie Gardner, a trained clinical social worker who has an extensive background working with teens in crisis and with self-injurious behaviors. Class is one hour a week for three weeks.