

## COMMUNITY RESOURCES

• Emergencies call 911

(24 hour Life threatening)

Employment : [jobs.utah.gov](http://jobs.utah.gov)

National Veterans Crisis Line 1-800-273-8255

Updated 06/28/2016

Department of Workforce WS Eligibility Services 1- 866-435-7414

Poison Control (801) 581-2151

Public Health Hot Line toll free 1-800-456-7707

[www.jobs.utah.gov/mycase](http://www.jobs.utah.gov/mycase)

CRISIS Line Utah County 801-373-7393

Wasatch Mental Health, Crisis line 801-373-7393 regular line 801-373-7394

Rape/ Sexual Assault Hotline 1-888-421-1100

Rape Crisis 801-356-2511

Domestic Abuse / Violence Information, Referrals for shelters, counseling, etc. 1-800-897- LINK (5465)

Women's & Children Crisis Shelter 801-377-5500

Community Action-801-373-8200 -815 S Freedom Blvd Ste 100 Provo

Provo County Housing 801-852-7080

24 hour Child Abuse/Neglect (801) 376-8261 or (statewide toll free 24-hour)

1-800-678-9399, Salt Lake County (801) 281-5151

Adult Abuse, Neglect or Exploitation, Statewide, (800) 678-9399 or from outside Utah (800) 371-7897 or after hours call 911

United Way: 211

American Red Cross (Disaster) 801-373-8580

Social Security 88 W 100 N Provo, 866-366-9549

Unemployment 801-375-4067

Utah County Housing-801-373-8333

### ADOPTION:

Children's Aid Society, 1-800-273-8671 Adoption placement, crisis intervention, counseling, 652 26<sup>th</sup> St. Ogden, UT 84401 801-265-0837

LDS Family Services, 1190 N 900 E Provo - Phone: 422-7620 / 433 S 500 E American Fork - 216-8000, support groups - counseling - adoption any denomination

Pregnancy Hotline, 1-800-537-2229

The Adoption Center of Choice, 1-800-430-2367 Orem, UT, Free housing, medical, living, and counseling assistance for pregnant women who choose adoption for their unborn child, 241 W 520 N Orem, UT 84057 801-224-2440

### BEREAVED PARENT SUPPORT SERVICES:

Bereavement Support Group through IHC (801) 225-0584 / (801) 426-1826 - Betty Ford, Grief counseling for families of children and love ones.

Caring Connection 801-585-9522 10 S 2000 E Salt Lake City, UT 84112 University of Utah

Compassionate Friends 877-969-0010 , 801-268-9444 Support group for parents or caregivers who have lost a child to death. Santaquin 801-836-1975

Share Parents of Utah (801) 272-5355 Support group for families experiencing a pregnancy loss or infant death.

Sudden Infant Death Syndrome (SIDS) Alliance Utah Chapter (801) 487-4477 SLC 801-261-4222 Utah Chapter 801-973-8533

Sudden Infant Death Program (Utah Department of Health) Referral, professional and public info (801) 538-9970 / Statewide toll free 1-800-826- 9662

### BURIAL:

Indigent Burial (Sundberg-Olpin Mortuary), 225-1530 Services of cremation for indigent persons without assets or income.

Death Certificates Info Line (801) 538-6105 To order a certificate call 866-632-2602

### COUNSELING RESOURCES:

Alcoholics Anonymous 420 N 200 W Suite 6 Provo 375-8620 M, T, F 9:00am - 1:00pm W, Th 2:00pm - 6:00pm

Affiliated Family Treatment Center 377-1595 M-F 9:00am - 6:00pm Call for appointment.

BYU Educational Psychology Center 422-2658 McKay Bldg Rm. 328 Disability testing; Call for an appt.

BYU Comprehensive Clinic 422-7759 1190 N 900 E Provo, Offers individual, couples, and family counseling, evaluations, psychotherapy, and educational services for members of the community at the nominal cost of \$15 per session (clinic may decrease fees depending on patient's financial abilities).

Center for Change, 1790 North State Street, Orem, Phone: 224-8255 - Toll Free: 888-224-8250. A place for healing and hope for people suffering with the unrelenting effects of an eating disorder

Center for Women & Children in Crisis, Hotline 377-5500 crisis shelter serving survivors of domestic violence and sexual assault, education/therapy groups.

Centro Hispano Ingrid 655-0258, Guillermo 427-8915, Aracely 356-9172 819 S Freedom Blvd. Provo Referral Center for Spanish Speaking customers

Children's Aid Society (800) 393-8671 Counseling - unplanned pregnancy, adoption, parenting.

Community Action 815 S Freedom Blvd Suite 100 Provo, Family Development Program M - F 8:30am - 4:30pm no fee phone: 373-8200

Dept. of Human Services (DCFS)-Provo 374-7005 150 E Center St. 5<sup>th</sup> Floor, Provo M-F 8-5 child Abuse & Neglect

[www.dcfhs.utah.gov](http://www.dcfhs.utah.gov) 801-763-4100 American Fork 851 East 900 North

Dept. of Human Services (DCFS)-American Fork 851 E 900 N Phone 801-763-4100. American Fork M-F 8-5 Child Abuse & Neglect

Dept. of Human Services (DCFS)-Spanish Fork 794-6700 607 E Kirby Ln. Spanish Fork M-F 8-5 Child Abuse & Neglect

Division Child & Family Services (DCFS) 150 East Center Street, Suite 5100 Provo, 374-7005 Fax 374-7822 / 578 East 300 South American Fork, 492-3320 Fax (801) 492-3350 / 607 East Kirby Lane, Spanish Fork, 794-6700 Fax 794-6855

Family Center of Utah Valley Phone 801-225-7440 fax 801-225-7440 1150 S. Main, Orem Free Parenting classes  
 Family Support - Treatment Center 1255 N 1200 W Orem, 229-1181 24-hr crisis nursery ages 0-11yrs respite care up to 72 hrs. Counseling provided children but is not connected with crisis nursery phone 24hrs. [www.utahvalleyfamilysupport.org](http://www.utahvalleyfamilysupport.org)  
 The Gathering Place 226-2255 251 E 1200 S Orem, Adolescent/adult substance abuse.  
 Intermountain Special Abuse 1807 N 1120 W Provo, 373-0210 Domestic violence and sexual abuse counseling  
 LDS Social Service 1190 N 900 E Provo, 422-7620 / 433 S 500 E American Fork, 218-8000, support groups - counseling - marriage counseling, call for appointment  
 Sierra Counseling 286 S 600 E Provo, UT 801-377-8222 Call for an appointment. Play therapy and counseling.  
 Transition to Adult Living 801-224-7820 1106 North 1200 West Orem contact Eric Jenkins for help and resources for teens  
 Turning Point, Center for Personal and Career Development, 987 South Geneva Road MATC building B Orem, 801-863-7580 Successful Life Management, Anger Management, Enhancing Marriage Relationships, and Parenting Skills courses offered. Scholarships available for low-income populations.  
 Under Age Adult (18-20) Alcohol and Drug Education Programs: 801-851-7128 (Substance Abuse)  
 Utah County Human Services 151 S University Ave. Suite 1500 Provo, 851-7128 Substance abuse counseling, assessment, family skills program 1-800-897-5465  
 Utah County Domestic Violence Coalition, Domestic violence information line 1-800-897-5465  
 Vantage Point Youth Services 300 N 1185 E Provo, 373- 2215 Counseling, shelter, for runaway youth.  
 Wasatch Mental Health 373-4760 (24 hr crisis line 373-7393) 750 N. Freedom Blvd Provo [www.wasatch.org](http://www.wasatch.org) Youth outpatient 377-1213, Adult outpatient 373-9656  
 American Fork Office 564 E. 200 S. Phone # 801-763-5010.  
 Wellness Recovery Clinic 801-852-3779 750 N 200 W Ste 300 Provo, No fee clinic to provide short-term mental health services to individuals in need who meet income eligibility requirements and do not have medical insurance. Services provided are intake screenings/assessments, group therapy, case management, psychiatric evaluations/meds management, and medication assistance.

#### DISABILITY SERVICES MENTAL AND PHYSICAL:

Access Utah Network 1-800-333-UTAH (8824) Information referrals and services for people with disabilities, [www.accessut.org](http://www.accessut.org)  
 American Disability Act 1-800-514-0301 Information  
 Baby Watch/Early Intervention Hotline 1-800-829-8200 Utah's network of services for children birth to three years of age with developmental delay or disabilities.  
 BYU Educational Psychology Center, BYU McKay Bldg 328, Provo 422-3859 Diane Hancock, call for appt disability testing.  
 Central Utah Center for Independent Living, (Ability First) M-F 8am-5pm 373-5044 or toll free 877-421-4500 Offers physical and mentally disabled people with transportation to the center, medical equipment and independent living skills. Closed for lunch noon to 1:00 PM  
 Developmental Center 895 North 900 East, American Fork, 801-763-4000 Fax 801-763-4214.  
 Disability Information & Concerns Statewide, 800-333-8824.  
 Disability Law Center (801) 363-1347 , 204 N 4<sup>th</sup> ST Salt Lake City, UT 84103 Legal aid for persons with disabilities.  
 Division of Services for Blind 374-7724 (Voc Rehab) Blind mobility aids, Braille aids, Education & Instruction  
 Division of Services for People with Disabilities (DSPD) 150 East Center Street Provo, 374-7005 Fax 374-7638 / 861 E 900 N American Fork, 763-4100 Fax: 763-4316 Respite care, residential, day treatment and family support.  
 Kids Who Count 801-423-3000 245 N SR198 Salem, UT 84653 Development Delayed Children ages 0-3  
 Kids on the Move 221-9930 Development Delayed Children Legal Center for People with Disabilities 1-800-662-9080  
 Legal Center for People with Disabilities 1-800-662-9080, Orem 426-7722  
 Mental Health - Wasatch Mental Health 373-4760 (24 hr crisis line 373-7393) 750 N Freedom Blvd Provo, Fax 373-0639  
 Provo Early Education Program (PEEP) 100 W 600 E Provo 801-852-4525 M-F 8:30am- 4:00pm Serve children ages 0-3 years with special needs.  
 Recreation & Habitation Service 815 N 800 W, Provo 374- 8074 Assist mentally - physically disabled age 5+ - teen - adult recreation - training program.  
 Respite Care of Utah County Kids Respite, Free care for children with special needs Fri or Sat 801-494 9837  
 Scenic View Center School for 21 or older with disabilities. 5455 N Riverun Dr , Provo Utah 84604 phone 226-2550  
 Social Security, 88 W 100 N 866-366-9549. [www.ssa.gov](http://www.ssa.gov)  
 Special Olympics 1-800-722-1589, 1-801-363-1111  
 Utah Parent Center 1-800-468-1160 or 801-272-1051 Statewide information and referral services for parents of all children with disabilities. 2290 E 4500 S #10 SLC  
 Vocational Rehabilitation, Assessment, schooling, training, and counseling. 150 E Center Suite 3300 Provo, 801-806-0950

#### DISASTER SERVICES

American Red Cross 373-8580 865 N. Freedom Blvd., Provo CPR, first aid, blood donation  
 United Way (211) 801-374-6400 or 801-374-2588 [www.unitedwayuc.org](http://www.unitedwayuc.org) Information and referral

## EDUCATION:

East Shore High School (alternative high school) 227-2440 Basic skills, GED, math, read, computer, English, for ninth grade on up, Mon - Th 8 AM - 8 PM, Fri 9AM- 3:30PM.

American Red Cross, Mountain Valley Chapter, 373-8580 865 North Freedom Blvd, Provo. Local classes to help you prepare for health, safety, and disaster related events. It also offers all disaster preparedness classes for FREE! Or Contact by email: [pamelarn@mtvalleyredcross.org](mailto:pamelarn@mtvalleyredcross.org)

Boys & Girls Club 1060 East 150 North Provo 801-371-6242. Supervised unstructured after school activities. \$15 per year ages 6-14 or 1st-8th grade.

Boy Scouts of America (801) 437-6222 748 North 1340 West Orem Educational program for male youth

Brigham Young University (801) 422-6147 Provo GED Testing \$55, Call for appt.

Bureau of Apprenticeships (801) 975-3650 1600 W, 2200 S. #101 SLC

Center for HS Studies 243 E 2320 N Provo 374-4930 or 374-4840 For adults and teen parents, child care, first come first serve basis, day - evening program. For students under 18 need a referral.

Centro Hispano Ingrid 655-0258, Guillermo 427-8915, Aracely 356-9172 819 S. Freedom Blvd. Provo Referral Center for Spanish Speaking customers

DSPD - Division of Services for People with Disabilities Provo Regional Center 374-7005

English as a Second Language (ESL) Provo Adult High School Dixon Middle School 374-4904 taught on 5 levels of difficulty, some fee is required

Adult Literacy, (reading and writing) 801-852-6654

Family Support & Treatment Center 1255 N 1200 W Orem, 229-1181. Offers therapy for children/adults and respite care for children in crisis up to 72hrs. [www.utahvalleyfamilysupport.org](http://www.utahvalleyfamilysupport.org)

Food Handler's Permit 801-851-7000 151 S. University Avenue Provo Utah County Health Dept.

GED Testing 801-863-8269 UVU (Utah Valley University) Orem, UT 1165 West 800 South Wolverine Test Center [www.uvu.edu/testing/services](http://www.uvu.edu/testing/services)

Jobs Corps, 1-800-733-5627

Kids on the Move 475 W 260 Orem, 221-9930 service provided age 0-3 early interaction.

Kids Who Count 345 N State Road 198 Salem, 423-3000, service provided developmentally delayed child.

Manpower Short-term training & job placement 801-226-8119

MATC (Mountainland Applied Technology College), located at Thanksgiving Point offers a variety of services, workshops, classes. 801-753-6282

Mountainland Headstart. 264 W 300 N Provo, 801-375-7981, pre-school 4 yr old low income M-F 8am-5pm

Nursing Community Services 383 West Vine suite 300 Murray, UT 84123 [www.cnsvna.org](http://www.cnsvna.org)

Oakridge Schools Pre School, several classes serving children with special needs ages 3-5, 374-4915

Provo Adult High School (Center for High School Studies) Hillside H.S. 243 E 2320 N Provo, 374-4840

Provo Early Education Program (PEEP) 1165 Birch Lane Provo, 374-4965 Serve child w/special needs age 3-5, 8:30am - 4:30pm

Provo Education Reading center (PERC) 374-4945 150 S. 500 E. Provo Educational Materials

Project Read 852-6650 550 N University Ave Suite 215 Provo [www.project-read.com](http://www.project-read.com)

Stoddard Learning Center 987 S. Geneva Rd. 3103 Orem Phone: 863-7620 Computer aided learning, reading, math and typing. Age 16+ No fees

USU Extension Office 100 East Center Room L600 Provo 801-851-8460 offers in home counseling meal management, budgeting, food presentation, storage, gardening, for low-income persons.

UVSC 863-8269 Orem GED Testing \$55, Call for Appt.

Vocational Rehabilitation, 150 E Center Suite 3300 Provo, 801-374-7724 910 E 100 N #215 Payson, UT 801-465-8384

WIA Youth for youth between the ages of 14-21, High School Diploma, GED, job training, Lehi Office 557 W State Street 801-753-4500, Provo Office 1550 N Freedom Blvd 801-342-2600, Spanish Fork 1185 N Chappel Dr., 801-794-6600

Young Parent High School, 794-0065 Spanish Fork, can bring children up to age 3 - for mothers to age 18

## EMPLOYMENT RELATED:

Bureau of Apprenticeships 1600 W, 2200 S. #101 SLC Phone 801-524-5450

Centro Hispano Ingrid 655-0258, Guillermo 427-8915, Aracely 356-9172 819 S. Freedom Blvd. Provo Referral Center for Spanish Speaking customers

Department of Workforce Services (Utah's Job Connection) Current local and statewide job openings, Lehi, 557 W State Street 801753-4500 / Provo Office 1550 N 200 N Provo, 342-2600 / Spanish Fork, 794-6600, Website: [www.jobs.utah.gov](http://www.jobs.utah.gov)

Dislocated Worker Hotline (Workers who have been laid off) 1- 877-872-5627

Division of Occupational and Professional Licensing P.O. Box 148741 SLC, UT 84114-8741 801-530-6628 or 1-866-275-3675 Fax 801-530-6511

Experience Works 373-5044 ext. 19 491 North Freedom Blvd. Program for workers 55+; contact Ann Hart

Equal Opportunity 801-526-4390 For hearing impaired: 800-346-4128

Federal Department of Labor, 801-524-5706 Wage and Hour Division, Utah Labor Commission 801-530-6800 or 1-800-530-5090

Federal forms [www.opm.gov/forms/html/of.htm](http://www.opm.gov/forms/html/of.htm)

Federal Jobs [www.usajobs.opm.gov](http://www.usajobs.opm.gov)

Federal Information 1-800-688-9889 Vets, taxes, passports, etc. [www.USA.gov](http://www.USA.gov)

Forty Plus 1-801-458-0196 5735 Redwood Rd. SLC

Job Corps 1-800-733-5627 or 1-800-426-5627 [www.jobcorps.gov](http://www.jobcorps.gov)

Job Hotline 801-851-8585 DWS Daily recorded jobs in Mountainland region (Utah, Wasatch, Summit)  
Job Seeking Skills Workshop : 801-342-2655 For information go to [www.jobs.utah.gov](http://www.jobs.utah.gov)  
LDS Employment Services : 437 S 500 E, American Fork, 756-6079 - 702 W Columbia Lane Provo 818-6161 M-F 8:30am - 4:30pm Need referral from a Bishop.  
Occupational Safety and Health (OSHA), health/safety issues on the job 1-800-321-OSHA.  
Senior Citizens Easter Seals : to find employment 801-342-2662  
Small Business Administration 801-524-3209 (SLC) 125 S. State R2227 SLC 84138 [utahgeneral@sba.com](mailto:utahgeneral@sba.com)  
State Jobs [www.statejobs.utah.gov](http://www.statejobs.utah.gov)  
Ticket to Work Program (SSI or SSDI customers) 1-866-968-7642 hearing and speech impaired 1-866-833-2967 website: [www.yourtickettowork.org](http://www.yourtickettowork.org)  
Unemployment 375-4067 Claim services for people that have been laid off, until they find work  
Utah Labor Commission 1-800-222-1238 Questions regarding employment issues  
Veteran's Administration 1-800-827-1000 [www.va.gov](http://www.va.gov)  
Vocational Rehabilitation, 150 E Center Suite 3300 Provo, 374-7724  
Workmen's Compensation 800-446-2667 Assistance for injuries that occur while employed

#### FINANCIAL ASSISTANCE:

Centro Hispano 801- 427-8915, Freedom Blvd. Provo Referral Center for Spanish Speaking customers  
Community Action, (temporary services): 815 S. Freedom Blvd. Provo Phone 373-8200 Family development plan  
Department of Workforce Services, Financial Support Services - Food stamps - Medical - Child Care, Lehi Office 557 W State Street, Phone: 801-753-4500 / Provo Office 1550 N 200 N Provo, 342-2600 / Spanish Fork, 794-6600. 1185 N Chapple Dr. Website: [www.jobs.utah.gov](http://www.jobs.utah.gov)  
Eligibility Center 1-866-435-7414 Questions about eligibility for financial and food stamps  
Hearings (Financial/Food Stamps) 1-801-536-7429  
Horizon Card Help Desk, 1-800-997-4444 for lost, stolen, and cancelled cards  
Office of constituent Services 1-800-662-3722, 1-800-331-4341 For questions concerning state agencies  
Social Security Administration 88 West 100 North (J. Will Robinson Federal Office Building Provo, UT 866-366-9549. [www.ssa.gov](http://www.ssa.gov)  
Sub for Santa 801- 356-6300 148 N 100 W Provo, UT 84603 Assistance with Christmas for low-income families  
Unemployment Toll Free 1-888-848-0688 or 375-4067 website link [www.jobs.utah.gov](http://www.jobs.utah.gov) Claim services for people that have been laid off, until they find work  
Utah Legal Services 374-6766 455 N. University Ave. #100 Provo Legal and civil assistance for low income and no fees if eligible

#### FOOD - CLOTHING:

Bishop's Storehouse, 940 W Center, Lindon 801-785-0995 Need Referral from Bishop for food  
Centro Hispano 801- 655-0258, 801- 427-8915, 801- 356-9172 817 S Freedom Blvd. Provo Referral Center for Spanish Speaking customers  
Child and Adult Care Food Program (CACFP) Reimburses day care providers for food served to children in their care. Speak with your day care provider or call the  
Community Action, 815 S Freedom Blvd. Suite 100 Provo 373-8200, 8:30 am - 4:30 pm [www.communityactionprovo.org](http://www.communityactionprovo.org)  
Community Thrift & Relief, 515 North University Ave Provo, 2nd hand items for thrifty and low- income families. Can work for merchandise. Call 377-7676 M-S 10am- 5pm.  
Department of Workforce Services, Financial support services - food stamps - medical -child care, Lehi Office, 557 W State Street, Phone: 801-753-4500 / Provo Office 1550 N 200 N Provo, 342-2600 / Spanish Fork, 794-6600. Website: [www.jobs.utah.gov](http://www.jobs.utah.gov)  
Deseret Industries, 1415 North State, Provo 373-7920 / 435 South 500 East, American Fork 783-4560. Thrift items for sale, assistance with referral by LDS Bishop.  
Expanded Food - Nutrition Education Program, (USU Extension Services) 100 East Center L600 Provo 851-8460 M-F 8am-5pm Offers information on horticulture, gardening, slow the flow program.  
Food Bank, 815 S 200 W Provo 377-8857 M-F 9:30 am - 4:30 pm drop in basis / 54 E Main American Fork (at the Senior Citizen Center; downstairs) on Thursday from 1:00-3:30pm.  
Food & Care Coalition, 299 E 900 S Provo, Phone: 801-373-1825. Hot meals Mon-Sat, Sunday lunch, Holidays lunch  
HEAT 801-229-3855, [www.Mountainland.org/HEAT](http://www.Mountainland.org/HEAT). Applications accepted November 1<sup>st</sup> thru April 30<sup>th</sup> yearly. Call for appointment or more information.  
Horizon Card Help Desk, 1-800-997-4444 for lost, stolen, and cancelled cards  
Kids Cause, contact Linda 224-2055 clothes, glasses, dental, need provided with referral by public school.  
Meals on Wheels, (seniors only): 801-229-3802, 586 E 800 N Orem, UT 84097, [www.mountainland.org/meals](http://www.mountainland.org/meals)  
Professional Clothing Source, 987 (Turning Point) S. Geneva Road, Orem 863-7580 by appointment only, business clothing for women  
Road Home , Help for homeless, shelter and emergency services. 210 South Rio Grande Street (455 W) SLC, UT 801-359-4142  
Sub for Santa, 801- 356-6200 must leave voice mail - for low income. [www.subforsanta.org](http://www.subforsanta.org)  
United Way, 374-6400 or 211, [www.unitedwayuc.org](http://www.unitedwayuc.org)  
USU Nutrition Education Program; 801-370-8460 in-home counselling meal management, budgeting, food presentation, storage, gardening, for low income.  
United Way 374-6400 Information and referral



Utah County Food & Care Coalition, 299 E 900 S Provo 801- 373-1825, Monday - Friday hot meal 3 times a day, Saturdays, lunch and dinner only, Sundays lunch only. Laundry facility, shower available  
WIC, Supplement food program pregnant/breast feeding women - infant - child under age 5 with nutritional risk, American Fork Office: 599 South 500 East phone: 851-7320 and fax: 851-7329 / Provo office: 151 S University # 2100 phone: 851-7300 / Orem Office: 801-851-7340 816 N 980 W #101 / Payson Office: 910 E 100 N phone: 851-7360.

#### GOVERNMENT AGENCIES

Alien Labor Certificate/Non-Agricultural 801-468-0131  
Anti-Discrimination Division 1-801-530-6801  
Better Business Bureau of Utah 5673 S. Redwood Rd. Phone 1-800-456-3907  
Bureau of Apprenticeships 1600 W. 2200 s. #101 SLC 1 Phone (801) 975-3650  
Bureau of Criminal Investigation 3888 W. 5400 S. SLC Phone (801) 965-4445 [www.bci.utah.gov](http://www.bci.utah.gov); Background checks  
Office of Constituent Services: 1-800-331-4341 for questions concerning state agencies  
Department of Commerce 801-530-6628  
Department of Consumer Protection 1-801-530-6601  
Division of Child & Family Services (DCFS) American Fork 851 E 900 N Ph: 801-763-4100 Child abuse/Neglect 24-hour child abuse reporting 1-855-323-3237  
Dept of Human Services (DCFS) Orem 1106 North 1200 West Phone: 224-7820 M-F 8-5 Child abuse & Neglect 24-hour child abuse  
Dept of Human Services (DCFS) Provo 150 E. Center St. 5<sup>th</sup> Floor, Phone: 342-2600 M-F 8-5 Child abuse & Neglect 24-hour child abuse reporting  
Dept of Human Services (DCFS) Spanish Fork 607 Kirby Ln Phone: 794-6700 M-F 8-5 Child abuse & Neglect 24-hour child abuse reporting (801) 376-8261  
Department of Workforce Services—Provo 1550 N. Freedom Blvd Phone: 342-2600 Job search assistance, testing, Internet access, counseling & workshops  
Department of Workforce Services—Spanish Fork 1185 North Canyon Creek Parkway Job search assistance, testing, Internet access, counseling & workshops  
Department of Workforce Services—Lehi 567 W State Street Job search assistance, testing, Internet access, counseling & workshops  
Case info: [www.jobs.utah.gov/mycase](http://www.jobs.utah.gov/mycase), job search online @ [www.jobs.utah.gov](http://www.jobs.utah.gov)  
Division of Motor Vehicles 759 N. 1370 W. Orem Phone: 234-8260 Toll free: 1-800-368-8824 Tax Division [www.dmv-utah.gov](http://www.dmv-utah.gov)  
Division of Occupational & Professional Licensing P.O. Box 146741 SLC, UT 84114 Phone: 1-866-275-3675 160 E 300 S SLC  
Disability Statewide 1-800-333-8824 (Access Utah)  
Division of Services for the Blind 374-7724 Blind mobility aids, Braille aids, education and instructions. 801-323-4374  
Division of Services for people with disabilities 150 E. Center St. Provo Phone: 801-374-7005  
Equal Opportunity 1-801-526-4390, 1-800-331-4341, TDD 1-800-346-4128  
Federal Department of Labor 1-801-524-5706 Wage and hour division -Info RE: Workmen's Compensation Waivers 801-530-6800  
Federal Forms [www.opm.gov/forms/of.htm](http://www.opm.gov/forms/of.htm)  
Federal Information 1-800-688-9889 Vets, taxes, passports etc.  
Federal Jobs [www.usajobs.opm.gov](http://www.usajobs.opm.gov)  
Fraud—Public 1-800-955-2210  
HEAT 801-229-3855 Normally opens yearly November 1<sup>st</sup> Contact HEAT to learn more of any changes and make appointments.  
Immigration and Naturalization 1-800-375-5263 to report illegal activity, concerns about migration  
Internal Revenue Service FORMS 1-800-829-3676 INFO 1-800-829-1040 Questions about taxes and other tax items [www.IRS.Gov](http://www.IRS.Gov)  
IRS Free Tax Filing Service (VITA) 1-800-829-1040 Free tax help from community volunteers for singles/families who earned less than \$38,000  
Medicaid Hotline & Website 1-800-562-9651 [www.health.utah.gov](http://www.health.utah.gov)  
Medicaid (CHIP) 1-866-608-9422  
Mountainland Association of Governments 801-229-3804 [www.mountainland.org](http://www.mountainland.org) Resources for seniors, HEAT, Medicare general information, meals on wheels.  
Occupational Safety and Health (OSHA) 1-800-321-6742 Health and safety issues in the work place  
Office of Recovery Services (ORS) Assistance with collecting child support. 150 E. Center St. Provo 2<sup>nd</sup> Floor Phone: 801-536-8500 Mail documents to: Office of Recovery Services Child Support Services, PO Box 45033, Salt Lake City, UT 84145-0033 Phone: 801-536-8500  
Small Business Administration 1-800-827-5722  
Social Security Administration 68 West 100 North (J. Will Robinson Federal Office Building Provo, UT 866-366-9549. Retirement fund and/or supplement income for eligible senior or disabled workers/children [www.ssa.gov](http://www.ssa.gov)  
State Jobs [www.statejobs.utah.gov](http://www.statejobs.utah.gov)  
Unemployment 1-888-848-0688, 375-4067 Claim services for people that have been laid off, until they find work website link: [www.jobs.utah.gov](http://www.jobs.utah.gov)  
Utah Attorney General 55 N. University Ave. #100 Provo Phone: 812-5203 Representation of abused or neglected children  
Utah Cares [www.utahcares.utah.gov](http://www.utahcares.utah.gov)  
Utah Health Clinic 150 E Center St. #100 Provo Phone 374-7011 Assistance with emergency medical for eligible persons without Medicaid.  
Utah Labor Commission 1-800-222-1238 Questions regarding employment issues  
Workmen's Comp 1-800-466-2667 Assistance for injuries that occur while employed  
Utah Legal Services 455 N. University Ave. #100 Provo Phone: 374-6768 Legal and civil assistance for low income and no fees if eligible

Utah State Bar Association 1-801-531-9077 Referral to an attorney, consultation fee is \$10 per half hour

Utah State Hospital: 801-344-4400 1300 Center St. Provo, Utah 84603

Veteran's Administration 1-800-827-1000 [www.va.gov](http://www.va.gov)

Veterans Rep- Lehi Office, 801-753-4500, Provo Office 801-342-2600, Spanish Fork Office 801-794-6600

VFW (Veteran's Of Foreign Wars) 550 Foothill Dr. SLC and the phone 801-326-2385 — Pensions for Vets unable to work. Service Connected disabilities..

Workmen's Comp 1-800-446-2667 801-530-6600, 160 E 300 S, Salt Lake City, UT (3<sup>rd</sup> floor)

Women, Infants, and Children (WIC) Provo: 851-7300, Orem: 851-7340, Payson: 851-7360, American Fork: 801-651-7320 Food Supplements, breastfeeding program

#### HEALTH - MEDICAL REFERRAL:

Agng-Family Service: 586 E 800 N, Orem, 801-229-3804 Medicaid waiver-health aide-homemaker

Alzheimer's Association 1-801-265-1944 Support groups, respite care, info

American Cancer Society 1-800-227-2345 M-F 9:00am-5:00pm Support groups for men and women, programs like road to recovery.

American Fork Hospital, 170 North 1100 East, American Fork, 801-855-3300

American Heart Association 1-800-AHA-USA1 or 1-800-242- 8721

American Red Cross, Mountain Valley Chapter, 373-8580 865 North Freedom Blvd, Provo (CPR, first aid, donate blood).

Baby Your Baby hotline: 1-800-826-9662, 900 E 600 S Provo, 851-7023 Pre-natal care and education for expectant mothers.

Centro Hispano Ingrid 855-0258, Guillermo 427-8915, Aracely 356-9172 819 s. Freedom Blvd. Provo Referral Center for Spanish Speaking customers

Children's Justice Center: 316 S 100 E Provo 851-8554 medical exam abuse case, police referral, Department Child and Family Services.

Children's Special Health Service 589 S State Provo, 851-8554, Fax: 851-8518, diagnose children's disability or special needs.

Children's Insurance Programs (CHIP) 1-877-KIDS-NOW apply online at [www.health.utah.gov](http://www.health.utah.gov)

Community Health Connect 801-818-3015 591 S State, Provo, 84606 Improve access to quality health care/dental for low-income uninsured people

Community Nursing Services 224-8138 Home health care and hospice care.

Dental Care Assistance Ask DWS Employee Provo Dental assistance for homeless or families at 100% poverty level

Doctors and Dentists Accepting Medicaid Altus: 1-800-377-4161 AFC: 1-888-483-0760 IHC: 1-800-442-3125

Foothill Day & Residential Treatment 3285 North Main St. Spanish Fork 801-851-7652, 24 hour inpatient, residential treatment program.

Health Clinic of Utah, 150 E Center Suite 1100 1st floor Provo 374-7011, Medical services.

Health Hotline, 800-472-4716 Information available regarding health services.

HIV Hotline, 800-537-1046

Health Information 800-336-4797 connects people with the agency that is best able to meet their health concerns.

Kids Cause, contact Linda 224-2055 Glasses, dental, clothes, need provided with referral by public school.

LDS Medicare 1-877-237-8854 [www.ldsmedicare.org](http://www.ldsmedicare.org) Rx Help for LDS Families

Medicaid Access 1-801-538-6155 to verify active card

Medicaid Advocate : 1-877-291-5583 Help disputing services Medicaid does not cover and/or getting something covered

Medicaid : Provo 1550 N. Freedom Blvd - Spanish Fork 1185 N. Chappel Dr. Phone: - Lehi 557 W State Street

Medical Clinic for Non-Insured 560 S. State B-1, Orem Phone: 434-8000 Medical assistance for uninsured families: \$65-physical, \$45-Visit, \$15-Labs

Medicare (Social Security) 485 N. Freedom blvd. Provo Phone: 375-8706

Merrill Gappmayer Family Medicine Center 475 W 940 N Provo Phone: 801-357-7930. Dedicated to serving patients in need of a primary care provider.

Mountainlands Community Health Center 801-429-2000 589 South State Provo, UT medical/dental/prescription laboratory services

Mountain Point Medical Center 300 Triumph Blvd, Lehi, UT 84043 385-345-3000

Mountain View Hospital 801- 465-7000 Payson

National Women's Health Information Center [www.4woman.gov](http://www.4woman.gov) 1-800-994-WOMAN

Occupational Safety and Health (OSHA) 800-321-6742 or 530-6901 Health and safety issues. Orem Hospital 224-4080.

Partnership for Prescription Assistance [www.pparx.org](http://www.pparx.org) 1-88-4PPA-NOW Help paying for prescription drugs

Planned Parenthood, 1086 N 1200 W Orem, 226-5248 wide range health care, exams, testing, screening and education.

Pregnancy Resource Center of UT Valley, 343 E University Parkway, Orem UT 84058, 221-2591 free care - help for women with unplanned pregnancy, free test, counseling, clothing, baby equipment, service confidential, M-F 9:00am-5:00pm. [www.prcutahvalley.org](http://www.prcutahvalley.org)

Prescription Assistance Online [www.myrxadvocate.com](http://www.myrxadvocate.com) or call 877-331-0362 [www.Doctorsolve.com](http://www.Doctorsolve.com) discount prescription drugs [www.themedicationprogram.com](http://www.themedicationprogram.com)

RX help online w/ patient assistance programs [www.needyrx.com](http://www.needyrx.com)

Primary Children's Medical Center (801) 586-2000 Specialty children's medical care.

Seraphine Clinic 560 South State Street Suite B-1 Orem Phone: 801-963-6966

Shriners Hospital for Children 801-536-3500 [www.shrinershospital.org](http://www.shrinershospital.org)

Timpanogus Hospital, 801-714-6000, Orem

Utah Health Clinic of Utah, 150 E Center Suite 1100 1st floor Provo 801-374-7011, Medical and dental services.

Utah Department of Human Services: 801-538-3991 [www.dhs.utah.gov](http://www.dhs.utah.gov)  
Utah College of Dental Hygiene 1176 S 1480 W Orem, 801-426-8234 [www.ucdh.edu](http://www.ucdh.edu)  
Utah County Health Department: 801-851-7038 151 South University Ave, Provo, M-F 8:00 am - 4:30 pm Immunization, well-baby check-up, sexually transmitted disease, diabetes, AIDS, blood pressure, vaccination, general exam. Sliding scale fees.  
Utah County Health Department, American Fork Clinic, 599 S 500 E American Fork, 801-851-7331 - Birth certificates, immunizations, Food Handlers Permit  
Utah Health Line 1-800-472-4716 Find out about where you can obtain health care (immunizations, flu shots, prenatal and well-baby care, etc.)  
Utah Immunizations hotline: 1-800-275-0659  
Utah State Hospital 801-344-4394 or 801-344-4400 Substance abuse and mental health care residential.  
Utah Valley Regional Medical Center 801-357-7850  
UVSC School of Dental Hygiene 863-7608 987 S Geneva Rd Orem, accredited dental hygiene school provides quality preventative dental care for children (3+). Student hygienists give excellent care while trained professionals supervise. Services provided are teeth cleaning, x-rays, and sealants.  
Vocational Rehabilitation, Assessment, schooling, training, and counseling. 150 E Center Suite 3300 Provo, 801-374-7724  
Volunteer Care Clinic 151 S. University Avenue Provo Phone: 801-812-8094 Treatment of general medical services for individuals and families at or near poverty  
Wasatch Mental Health 801-373-4760 (24 hr crisis line 801-373-7393) 750 N. Freedom Blvd Provo [www.wasatch.org](http://www.wasatch.org) Youth 801-377-1213, Adult 801-373-9656

#### HOSPITALS

American Fork Hospital - Intermountain Healthcare 801-855-3300, 170 N 1100 E American Fork  
Intermountain Highland InstaCare 801-763-2900, 10968 N Alpine Hwy Highland  
Intermountain North Orem InstaCare 801-814-5000, 1975 N State St Orem  
Intermountain Saratoga Springs InstaCare 801-766-4667, E St Rd 73 Saratoga Springs  
Intermountain Springville InstaCare 801-429-1200, 762 W 400 S Springville  
Mountain Medical Urgent Care 801-768-1555, 127 E Main Lehi  
Mountain View Hospital 801-465-7000, 1000 E 100 N Payson  
Mountain Point Medical Center 300 N Triumph Blvd, Lehi UT 801-768-0356  
Orem Community Hospital 801-224-4080, 331 N 400 W Orem  
Riverwoods Urgent Care 801-229-2011, 280 W Riverpark Dr Orem  
Timpanogos Hospital 801-714-8000, 750 W 800 N Orem  
Utah County Health Dept. 801-851-7000, 151 S. University Avenue Provo  
Utah State Hospital 801-344-4400, Provo  
Utah Valley Regional Medical Center 801-357-7850, 1034 N 500 W Provo

#### HEALTH INSURANCE:

CHIP - Children's Health Insurance Program: on line: [www.health.utah.gov/chip](http://www.health.utah.gov/chip) or call 1-888-222-2542 Affordable health insurance for working families that earn too much for Medicaid and have children.  
Doctors and Dentists Accepting Medicaid - Altius 800-377-4161 - Molina (was known as AFC) 888-483-0760 - IHC 800-442-9023 / 800-662-9651 or 801-877-6155  
Medicaid ACCESS number 1-801-538-6155 to verify card active Medicaid HEARING must submit in writing: Division Health Care Financing 228 N 1460 W (P.O. Box 14290), UT 84114-2901  
Medicare (call Social Security) 375-8706 or go directly to 485 N Freedom Blvd. Provo

#### HOUSING ASSISTANCE:

Community Action 815 S Freedom Blvd Suite 100 Provo, 801-373-8200 Limited emergency housing assistance first month rent and eviction/ shelter needs also home maintenance skills - budgeting - saving money Open 9:00 am - 5:00 pm Mon-Fri (subject to change)  
Food and Shelter Coalition, 60 N 300 W Provo, Phone: 373-1825.  
Habitat for Humanity, 48 W. 100 N. Provo, 344-8527 homes constructed-sold without interest, for low-income families.  
Maple village Apartments 485 E. 500 S. American Fork Phone: 801-756-5568 subsidized housing for low-income families through HUD  
Provo Housing Authority 650 W 100 N Provo, 801-852-7080 subsidize public housing assist, 8am-5pm  
The Authority Utah County Housing 240 E Center, Provo. Phone: 801-373-8333, fax: 801-373-2270 subsidize housing assistance - rehabilitation - weatherization in Utah County (exclude Provo) M-T 7:00 am-5:30 pm Closed Friday 801-344-5184  
Transient Bishop Assistance (Provo DI) 1415 N State Provo, 801-373-7920 hours: 9:00am - 12:00pm / 1:00pm - 4:00pm  
Utah County Housing 240 E. Center St. Provo Phone: 373-8333 subsidized public housing assistance, rehabilitation & Weatherization  
Vantage Point Youth Services 300 N 1185 E Provo, 373 2215 shelter and counseling for runaway youth.  
VA's National Call Center 1-877-4AID VET (1-877-424-3838)  
Contact CoC's <https://www.hudexchange.info/grantees/?granteesaction+main.searchresults&programid=3>  
Veterans National Crisis Line 1-800-273-8255

LEGAL ASSISTANCE:

4th District Court, 125 N 100 W Provo front desk 429-1000, Obtain paperwork necessary for issuance of protective order for domestic violence victim M-F 8am-4pm [www.utcourts.gov](http://www.utcourts.gov)

Allen Labor Certificate/Non-Agricultural 1-801-526-9456 DWS-SLC UDES immigration clearance

A Welcome Place Legal represent alien in asylum, Salt Lake, 801-369-7970 may charge a nominal fee

BYU Law Help, 422-3025 Information concerning programs for free legal assistance.

BYU Mediation Center; 801-422-3842

Mediation Services 801-834-1107 SLC

Centro Hispano Ingrid 655-0258, Guillermo 427-8915, Aracely 356-9172 819 s. Freedom Blvd. Provo Referral Center for Spanish Speaking customers

Children's Justice Center: 315 South 100 East Provo, 370-8554; referrals by Police or Dept of Child and Family Services for medical exams due to abuse cases.

Crime Victim Reparation, 800-621-7444 Help victims of violent crimes with expenses due to crimes against them.

Community Law Help for Immigrants (Latino Help) David Dominguez 422-3739 or 422-3025 [clhi@byu.edu](mailto:clhi@byu.edu)

Centro Hispano Ingrid 655-0258, Guillermo 427-8915, Aracely 356-9172 819 s. Freedom Blvd. Provo Referral Center for Spanish Speaking customers

Disability Law Center, Legal aid for persons with disabilities 492-7561 548 E. 300 S. American Fork or (801) 363-1347

Financial Counseling - Consumer Credit Counseling (801) 566-0800

Fraud—Public 1-800-955-2210

Guardian Ad Litem 32 W Center #205 Provo 344-8516 Attorney for child abuse - neglect victim.

Holy Cross Ministries 65 E 500 N Orem, 801-223-9695 free legal service with Immigration questions, Spanish speaking available.

Immigration and Naturalization 1-800-313-4270 to report illegal activity, concerns about immigration

Legal Aid Society Any questions dealing with custody is a legal matter, so you need to contact a lawyer. Call Legal Aid at 801-328-8849 or Legal Services at 801-328-8891. Fee based on ability to pay.

Legal Center for People with Disabilities 1-800-662-9090

Legal Center for Domestic Violence Provo 801-375-1031 Assistance - protective order preparation

Customer Relations Department of Workforce Services (801) 526-4390 (Salt Lake) 1-800-331-4341 (Statewide/Toll-free) [DWS\\_Constituent\\_Services@utah.gov](mailto:DWS_Constituent_Services@utah.gov)

Utah Legal Services, Counsel and Referral 455 N University Ave # 100 Provo, 801-374-6766 [www.utahlegalservices.org](http://www.utahlegalservices.org)

Utah State Attorney General, 55 N University Ave # 219 Provo 812-5203 represent abused and neglected child M-F 8am-5pm.

Victims Services 100 E Center Street Suite 2100, Provo, UT 801-851-8026 FAX 801-851-8051

PREGNANCY INFORMATION:

Baby Your Baby Hotline, 800-828-9662 Provides referrals for prenatal & child health care, and other services for pregnant women and their families.

Birth Certificates Info Line (801) 538-6105

Catholic Community Services (801) 977-9119 Adoption and pregnancy counseling, immigration and refugee resettlement and other family services.

Children's Service Society 655 E 4500 S Suite 200, SLC 801-355-4847 [www.cssutah.org](http://www.cssutah.org)

Reproductive Health Program (801) 538-9970

LDS Family Services, 800-537-2229 Free pregnancy counseling, adoption services, and foster care for mothers & mother of all faiths.

Pregnancy Risk Line, 800-822-2229 Provides information about the effects of environmental exposures, including medications and herbs, on pregnancy and breastfeeding.

Pregnancy Resource Center of UT Valley 1156 S State # 204 Orem, 221-2591 Free care - help for women with unplanned pregnancy, free test, counseling, clothing, baby equipment, service confidential, M - F 9:00am - 5:00pm

Planned Parenthood Facts of Life Line Toll Free: 1-800-344-4134 (801) 364-CALL, confidential pre-recorded messages about family planning, sexuality and reproductive health.

WIC Supplement food program pregnant/breast feeding women - Infant - child under age 5 with nutritional risk. American Fork Office, 599 S 500 E, Orem Office 816 N 980 W, Provo Office, 151 S University Ave Swt 2100, Payson Office 910 E 100 N #125 801- 851-7300

RESPIRE AND CHILD CARE:

Boy's and Girl's club 1060 E. 150 N. Provo Phone: 801-371-6242

Boy Scouts of America 748 N 1340 W Orem, UT 801-437-6222

BYU Access Program (Big Brother/Big sister) 801- 422-8686 Mentoring Program

Child Care Provider Complaint 1-888-287-3704 or Provo 801-374-7688

Child Care Resource & Referral, 801-863-8589, 1-800-952-8220, Espanol 801-863-7458 [www.uvu.edu/cac](http://www.uvu.edu/cac)

Community Learning Center 962 S. 1100 W. Provo Phone # 801-370-4600 offers before and after school programs.

Easter Seals 1-801-428-9759 Respite cares for children with disabilities



Family Support - Treatment Center, 1255 N 1200 W Orem, 801- 229-1181, 24 hour crisis nursery ages 0-1 yrs Respite care up to 72 hrs.

[www.utahvalleyfamilysupport.org](http://www.utahvalleyfamilysupport.org)

Foster Grandparents, Utah County Health and Justice Building 151 S. University Ave., Suite 2200 Provo, UT 84601 , 801-851-7784

Mountainland Headstart 264 W. 300 N. Provo 375-7981 Preschool for low income families

Respite Care of Utah County, 374-2510 Respite care for families with family members with disabilities before age 22.

Respite Care through Wasatch Mental Health, 1161 E 300 N Provo, 373-4765

Respite Care WMH, 812-5258 Respite for emotionally and mentally disturbed children,

Utah Parent Center 230 W 200 S Swt 1101 SLC Phone: 1-800-468-1160, 1-801-272-1051 Statewide information and referral all ages with disabilities

#### SENIOR/ELDERLY SERVICES:

Alzheimer's Association 1-800-371-6694 Support groups, respite care, and disease information

Aging Family Services 801- 229-3804 Medicaid waiver, health aide, homemaker

Community Nursing Services 224-8138 home health aide, Hospice care

Experience Works 491 N Freedom Blvd. Provo, 373-5044 ext. 19 or 310-9277 (temporary number) Maria, contact person. Program for mature individuals age 55 and older - training and employment services. Website: <http://experienceworks.org>

Forty Plus 5735 Redwood Road, Salt Lake 1-801-468-0196, 55+ training-employment for those 55 and older who meet income guidelines

Mountainland Department of Aging and Family Services, 586 E 800 N, Orem, phone: 229-3804.

Mountainland Association of Governments (MAG), home delivery meals MEALS ON WHEELS PROGRAM

Retired Senior volunteer Program 229-3801

Senior Corps: 801-524-5411 [ut@cns.gov](mailto:ut@cns.gov)

Senior Citizen Centers, American Fork, 801-763-3090 / Lehi, 801-768-7165 / Pleasant Grove, 801- 785-2818 / Orem 801-229-7111.

Social Security Administration 88 W 100 N Provo, Phone: 866-366-9549

Utah Legal Services, Free Legal services with non-criminal cases for low-income people and Senior Citizens, call 374-6766.

#### SMOKING CESSATION:

American Cancer Society 1-800-227-2345

American Lung Association 1-800-LUNG-USA

Fresh Start (American Cancer Society) 286 S 600 E Suite A Provo, 373-5886 "Quit smoking classes".

Utah Dept. of Health Tobacco Program 1-888-567-8788

#### SUBSTANCE ABUSE:

Alcohol Anonymous 420 N 200 W #6 Provo, 375-8620 Help alcoholics M - T - Th - F 10am - 2pm and W 2pm - 6pm.

Fetal Alcohol Syndrome (Prenatal Assistance Program): 370-8702 or 370-8507

Foothill Treatment, 851-7652 Detox bed, in patient program, residential treatment open 24 hour; must be 18 and over M - F 8:00am - 5:00pm.

Foothill Detoxification Services 370-8912 or 370-8945

Gathering Place 251 E 1200 S Orem, 228-2265 Counsel - support for variety substance abuse problems adult-adolescent M-Thurs 8 am - 6 pm, F 8 am - 1 pm.

House of Hope, 1726 S Buckley Lane Provo 375-9222 All female treatment facility. Residential, family members live on site.

Institute for Cognitive Therapy (ICT) (801) 802-8608 Orem, UT Intensive and General outpatient substance abuse treatment as well as aftercare.

Intermountain Specialized abuse Treatment Center 1807 N. 1120 W. Provo Phone: (801) 373-0210

Project Reality 100 East Center St. #L800 Provo Phone: (801) 370-8516 Methadone treatment. Referral required.

Promise of Women & Families (801) 851-7696 Classes in behavior management & High School Classes for 18+ w/ history of substance abuse

Narcotics Anonymous 373-7060

Methadone Clinic 370-8427

Promise of Women and Families 370-8702 classes for age 18+ with history of substance and alcohol abuse.

RAP Utah County Program for Juveniles 100 E Center Provo, 851-7128 Drug screen - treatment M-F 8am-5pm

Teen Smoking Cessation 589 S State Provo, 370-8796 help quit smoking classes quarterly no fee.

Under Age Adult (18-20) Alcohol and Drug Education Programs: 370-8428

Utah County Division of Human Services 151 S. University Ave. 851-7128 or 851-7127 and the fax is 851-7198 varieties of services, substance abuse, M-F

Utah County Human Services Foothill Day Treatment Center 15 N. 100 E. #102 Provo (801) 851-7652 Open 24 hours must be 18+, referral required

Utah County Substance Abuse Assessment Center (801) 851-7128 opt 1 substance abuse assessment; subsidized treatment through county if approved.

Utah Valley Regional Medical Center (801) 357-7650 Ask for the support group to help teens who abuse drugs.

#### SUPPORT GROUPS:

Asian Association, 486-5987 Provides tutoring, language classes, cultural activities, and family counseling to Asian Americans and Pacific Islanders.  
Centro de la Familia de Utah 3780 S West Temple, Salt Lake City Phone (801) 521-4473. Assistance for people of Latino descent. Parenting classes for new or soon-to-be mothers and fathers.  
Greenbacks Bringing Hope Foundation (801) 977-7764 Assistance and mentoring for single mothers.  
Indian Walk-In Center (801) 486-4877 Assistance for Native Americans.  
International Rescue Committee (801) 328-1091 Refugees assistance.  
National Association for the Advancement of Colored People (N.A.A.C.P.) (801) 250-5088  
Pacific Resource Center (801) 957-1843 Resources and assistance for Pacific Islanders.

#### TRANSPORTATION:

Community Action 815 S Freedom Blvd. Suite 100 Provo, 373- 8200, Limited buses token, gasoline voucher for job search.  
Holy Cross Ministries 85 E 500 N Orem, (801) 908-0293 must call in advance for transportation services  
Medicaid Bus Pass Contact Eligibility Worker  
Medicaid Urgent Rides-pick me up 1-888-822-1048 Urgent rides to Doctor Appointments  
United Way Transportation must call for information - services for people who cannot ride buses 374-9306 or 211  
Utah Transit Authority (Bus) Salt Lake Area: RIDE-UTA (743-3882) In State Toll Free: 1-888- RIDE-UTA (743-3882)  
Hours: Mon - Sat 6:00 A.M. - 7:00 P.M. Closed Sunday. T.D.D. (801) 287-4660 Customer Support: Utah County 227-8917 Hispanic (Bus Info): (801) 287-4660

#### UTILITY ASSISTANCE:

HEAT (Home Energy Assistance Target) 586 E 800 N, Orem Ut, phone: 801-229-3804. ( Mountainland Association of Governments Building)  
Red Cross Mountain Valley Chapter 865 N Freedom Blvd. Provo, 373-8580 Assist with emergency utility cost for eligible persons M-F 8am-5pm website:  
[www.mountainvalley.redcross.org](http://www.mountainvalley.redcross.org)  
Utah Low Income Telephone Assist Program - UT Dept of Community Culture 1-800-848-7540 [www.housing.utah.gov/seal](http://www.housing.utah.gov/seal)

#### VETERAN SERVICES:

Department of Workforce Services (Utah's Job Connection) Current local and statewide job openings, Financial support services - food stamps - medical -child care, Lehi 557 W State Street / Provo Office 1550 N Freedom Blvd ( 200 N) Provo/ Spanish Fork 1185 North Canyon Creek Parkway Website: [www.jobs.utah.gov](http://www.jobs.utah.gov)  
Hire Vets First, Comprehensive career website for hiring veterans of America's military. Website: [www.hirevetsfirst.gov](http://www.hirevetsfirst.gov)  
The American Legion, Supporting present active duty military personnel along with its commitment to all veterans and their families. 455 East 400 South Suite 50 Salt Lake City, Phone: (801) 539-1013 Fax: (801) 521-9191  
Utah Office of Veterans Affairs, In-State (Toll Free- 800 894-9497) or -(801) 326-2372 Fax (801) 326-2357  
Utah State Veterans Nursing Home, 700 Foothill Dr. Salt Lake City (801) 584-1900  
Veteran's Administration 1-800-827-1000 [www.va.gov](http://www.va.gov)  
Veteran's Center 377-1117 750 N. 200 W. #106 Provo PTSD readjustment counseling, school information  
VA Veteran Homeless Line 1-877-424-3838

#### VOLUNTEER CONNECTION:

Retired Senior Volunteer Program (MOUNTAINLAND RSVP) 586 East 800 North Orem Dawn Loper, Phone: 801- 229-3819, Fax: 229-3871 Email: [dloper@mountainland.org](mailto:dloper@mountainland.org)  
United Way, Volunteer Center 374-8108 or 211

#### OTHER SERVICES:

Alien Labor Certificate - Non-Agriculture UDES-Immigration / Clearance 1-801-526-9459  
Anti-Discrimination Division 1-801-530-6801  
Better Business Bureau 1-800-466-3907  
Birth and Death Certificates Info Line (801) 538-6105  
Boy Scouts of America 250 E 500 N Provo, 373-4185  
Bureau of Apprenticeships 1-801-975-3650  
BYU Access Program, 422-3057 big brother - big sister program.  
Centro Hispano, Contact Ingrid at 655-0258. Other contacts: Guillermo Perez 427-8915 or Aracely Jimenez 356-9172.  
Children who experience bullying crisis line Utah Crisis Line 1-801-587-3000, 1-800-273-TALK  
Constituent Affairs, contact our Equal Employment Opportunity Officer (800) 331-4341, 1-801-526-4390  
Consumer Protection Agency (801) 530-6801

DMV - Department of Motor Vehicle (800) 368-8824, [www.dmv.utah.com](http://www.dmv.utah.com)

Division of Occupational and Professional Licensing, P.O. Box 146741 Salt Lake City, (801) 530-6628 FAX 801-530-6511

Driver's License, 759 N 1370 W Orem, 234-8260 [www.driverlicense.utah.gov](http://www.driverlicense.utah.gov)

Domestic Abuse/Violence Information Referrals for shelters, counselling, etc. 1-800-897-LINK

Fraud - Public 1-800-955-2210

Federal Information (almost all concerns Veterans, Taxes, Passports, Etc.) 1-800-688-9889

Federal Trade Commission Works for consumers to prevent fraudulent, deceptive and unfair business practices: 1-877-382-4357.

Foster Care Licensing DHS/DCFS Provo Office 150 East Center Street # 5100 Provo, 374-7016 Fax 344-1232

English Classes In Provo Dixon Middle School in Provo, 750 W 200 N Provo, UT Phone 801-374-4904, classes Tues/Wed/Thur 9-11 am or 6-8 pm

Holy Cross Ministries 65 E 500 N Orem, 801 908-0293 Assistance with any forms & applications, for Spanish speaking

Immigration and Naturalization Service - USCIS For general information call 1-800-375-5283 or 801-313-4270 / To report illegal activity call 1-801-265-0141 in Salt Lake City or 426-8920 in Provo. Website: <http://uscis.gov/graphics/index.htm>

Internal Revenue Services Tax Forms 1-800-829-3676 Information 1-800-829-1040

Laborers Union, 2261 S Redwood Rd West Valley City, 801-972-5380

Medicare: [www.medicare.gov](http://www.medicare.gov) (800) 633-4227

Micro Business Mentors, 815 West 1250 South Orem, UT 84058 (The Small Business Development Center), 208-994-9600

Occupational and Professional Licensing All Fields (Salt Lake) 801-530-6628

Occupational Safety & Health (OSHA) 1-800-321-6742 Complaints within State 1-801-530-6901

Office of Child Protection Ombudsman 120 North 200 West Room 422 Phone 538-4589 Fax 538-3942

Provo Youth Detention 1955 S Dakota Lane Provo, 801-373-5660

Retired Senior Volunteer Program: 801-229-3810 [www.mountainland.org](http://www.mountainland.org)

Sexually-Transmitted Infections (STI) National CDC STI Hotline 1-800-227-8922 / Planned Parenthood 1-800-230-7526

Small Business Administration 1-800-827-5722

Social Security, 88 West 100 North, Provo, UT Phone: 1-866-366-3649

TDDY Utah Relay Sources 1-800-348-4128

Transient Bishop Assistance 1415 North St. Provo 373-7920

United Way, information and referral: 374-6400 or 211, [www.unitedwayuc.org](http://www.unitedwayuc.org)

Utah AIDS Foundation, 800-366-2437

Utah County Division of Human Services 801-370-8427 variety of services including minority services indigent burial

Utah Parent Center, 1-800-468-1160 statewide information-referral service for parents of all children with disabilities

Utah County Extension Service 100 E Center St #L800, Provo, Utah 801-370-8460 Utah 4-H : USU Extension [www.utah4h.org](http://www.utah4h.org)

Utah Transit Authority (UTA) 1-888-743-3882

Worker's Compensation 1-800-446-2667

Federal Department of Labor (Wage and Hour Division) 801-524-5706 or 1-866-4USWAGE (1-866-487-9243) [www.dol.gov/esa/whd/](http://www.dol.gov/esa/whd/)

Utah Valley Chamber - Provo/Orem 111 S University Ave. Provo, UT 84601 Phone 801-379-2555