

## *THS 2018-19 SWIM TEAM*

Hello everyone! We are SUPER excited to start a new season with all of you! There are a few things you need to know prior to school starting on Monday.

Even though the Swimming Class begins on Tuesday, August 21st, we will be meeting on Monday, August 20th at the Orem Fitness Center Track. The following is the practice time which you will be expected to attend:

A Day Time:

Swimming - 3:00 pm - 4:00 pm

Dry Land - 4:00 pm - 5:00 pm (Optional)

B Day Time:

Swimming - 1:00 pm - 3:00 pm

Dry Land - 3:00 pm - 4:00 pm (Required)

**For this upcoming Monday, August 20th, PLEASE meet everyone at the Orem Fitness Center Track at 1:30 pm to meet the coach and receive information about the class and the team. This is the only day the time is different so please make a note of this!** Every day after Monday, the practice schedule mentioned above will be followed.

We currently have 7 students who are attending Oak Canyon Junior High. There is a request to coordinate a carpool system for those students. If any parents are interested in car pooling from the school to the pool, please let us know as soon as possible.:)

**There will be a swimmer/parent meeting on Thursday evening, August 23rd at 7:00 pm located in the Little Theater at Timpanogos High School.** This meeting is expected to last an hour or less and will be very informative. PLEASE make every effort to be there to receive all the details about the swimming team. We will need to verify all student and parent contact information to ensure effective communication. We also need all swimmers and parents to vote on certain things for our away meet in St. George. PLEASE, PLEASE, PLEASE come to the meeting!

We look forward to meeting the students on Monday and everyone on Thursday evening:D

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