

10th Grade College and Career Readiness



Classes Needed in HS:

Westlake Counselors:

Rusty Barnes	A—Cal
Corby Eason	Cam—FL
Caleb Miller	Fo—H
Linda Pickering	I—McC
Erin Davis	McD—P
Heather Austin	Q—Th
Anna Butler	Ti—Z

Westlake Counseling: 801-610-8816

4.0 Credits of English/Language Arts (9-12)

1.0 English 9; 1.0 English 10; 1.0 English 11
1.0 credit from Applied & Advanced Courses

3.0 Credits Math (9-12)

2.0 Math Core:
1.0 Math from Applied & Advanced Courses

3.0 Credits Science (9-12)

2.0 Science Core - from 2 different quadrants
1.0 Science from Applied & Advanced Courses

3.0 Credits Social Studies

.5 Geography for Life (9th grade); .5 World Civilizations (9th grade)
1.0 US Studies (11th grade) (US)
.5 Government & Citizenship (12th)
.5 Student's choice (9-12)

1.5 Credits Fine Arts

.5 Credit Health (10th grade)

1.5 Credits Physical Education

.5 PE Skills (9th grade); .5 PE Fitness for Life (10th grade)
.5 PE Lifetime Activities

.5 Computer Technology (9-12)

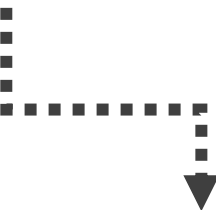
.5 General Financial Literacy (11-12)

1.0 Credit Career & Technical Ed (CTE)

9.5 Credits Electives

Choose a pathway in High School...

Prepare for the future to come...



A CTE pathway...:

- Has courses within an area of interest
- Is your educational road map for post-secondary options
- Helps you acquire depth of knowledge and skills linked with a degree and/or career.

For more info on Pathways see:
Laura Giles at lauragiles@alpinedistrict.org

Take on the "Big 5"

1. Improve your GPA
2. Take ACT and/or SAT
3. Enroll in Challenging Courses
4. Get Involved in School & Community
5. Serve and Volunteer

Colleges

Prepare for College Entrance Exams

How to pay for college:

Grants: Federal/state money given to those who qualify based on financial need

Work Study: Money given to a qualified individual in exchange for work

Loans: Money borrowed at a favorable rate, but must be repaid

Scholarships: Money given for education.

www.fafsa.ed.gov

Planning on participating in Division I or II athletics while going to college? Learn about NCAA at www.eligibilitycenter.org

When?

- ACT– 11th Grade
- PSAT– Fall of 11th Grade

How?

- ACT Prep Class offered at WHS
- Online resources:

Utahfutures.org

Collegeboard.com

Shmoop.com

Scholarships

Regents Scholarship

In order to qualify, students must submit an application and complete the following courses before graduation from high school.

4 Years of English

4 Years Progressive Math (College Prep does NOT qualify)

3 Years of Lab-Based Science

(must be Biology, Physics and Chemistry)

3.5 Years Social Studies

2 Years of Same Progressive Foreign Language

* For more info go to www.stepuputah.com/regentsscholarship

UVU Scholarship Index:

	SAT	160	156	151	146	142	138	134	130	126	122	119	115	111
	ACT	36	35	34	33	32	31	30	29	28	27	26	25	24
GPA	4.0	P	P	P	P	P	P	P	E	E	E	O	O	D
	3.9	P	P	P	P	P	P	P	E	E	E	O	O	D
	3.8	E	E	E	E	E	E	E	E	E	O	O	O	D
	3.7	E	E	E	E	E	E	E	E	O	O	O	D	D
	3.6	O	O	O	O	O	O	O	O	O	O	D	D	D
	3.5	O	O	O	O	O	O	O	O	O	D	D	D	
	3.4	D	D	D	D	D	D	D	D	D	D			
3.3	D	D	D	D	D	D	D	D						

**Most colleges in Utah use a Scholarship Index to give students academic scholarships based on student's GPA and ACT/SAT score. Above is an example of one from UVU.

Other Scholarship Helps:

<http://whs.alpineschools.org/departments/counseling>

www.zinch.com

www.fastweb.com

www.utahfutures.org

Make up Credit Options

Electronic High School	(801) 538-7972	www.ehs.uen.org	Online, free, .25 credit at a time, limited offerings
East Shore High School	(801) 227-2440	www.eastshorehs.com	Online, \$110, .125 credit at a time, lots of offerings
Summer School (Lehi HS)	Two 3 Week Blocks (June 2-22 & June 23-July 15)		Registration begins mid March
	.75 per block	\$25 per .25 credit	
BYU Independent Study	(800) 914-8931	www.elearn.byu.edu	Online, prices vary, tons of offerings