

# WESTLAKE Newsletter HIGH SCHOOL

February 2010



## ***FREEDOM WEEK...***

*Those who deny freedom to others deserve it not for themselves. ~Abraham Lincoln*

### **Freedom**

by Kimberly Huynh

George Washington, Abraham Lincoln, Martin Luther King Jr...

You may all know these names, and most likely their background, but what about the people who fought along side them? Who were they? Personally I have no clue, but its nice to wonder!

As you all know they all fought for our freedom. Abraham Lincoln fought for the freedom of the slaves, Martin Luther King Jr. fought against racial discrimination and George Washington not only fought for our independence, but he also helped to establish our government.

Who knows how life would be if it hadn't been for those three major influences. It's not just those three who made an indent in life. There are many, many more than just those three.

We can't forget the people who fought in wars to keep our freedom intact, ages ranging as young as 15 sacrificed their lives for us. Imagine your younger siblings being killed; for us. Today still, our brothers, sisters, fathers and mothers still fight to make sure our future is still intact.

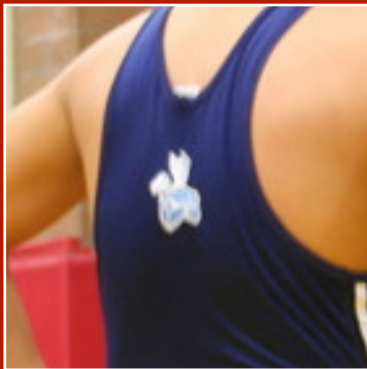
As you all know this week is freedom week. So lets all show some appreciation for all those who died and for our freedom!



#### **Color Guard;**

See what these ladies have to say about their team and how well our Westlake Color Guard has been doing this season!

# ATHLETICS



- TRACK & FIELD coming up!

- WRESTLING season is coming to an end but our guys are doing awesome come support!

- BASKETBALL we play Lehi again soon!

## Color Guard

By, Ariadne Cipili

*“Coming together is a beginning.*

*Keeping together is progress.*

*Working together is success.”*

*-Henry Ford*

Flags, dancing, swords and rifles! What could be more exciting?! Our Westlake Color Guard Team has placed 1<sup>st</sup> and 2<sup>nd</sup> in many competitions including the BYU invitational which they placed 1<sup>st</sup>. The girls work very hard, waking up early and being to school every other morning by 5:45am. With seventeen team members and spectacular coaches, Adrienne Shelly and Danni Ashton, Captain Rikki Richey, and Co-Captain Brianne Leverage. They have a year-round season which include parade season, field season, and winter guard.

Rikki Richey and Krysti McCumber replied that, “Performing, winning, and really becoming a family,” Are some of their favorite things about Color Guard.

The girls are looking forward to their competition Saturday, American Fork High School at five, so everyone come have a blast and support our awesome Color Guard!



# Polar Plunge!

*"Freezin' for a reason"*

Saturday February 20<sup>th</sup>, the polar ice plunge will be taking place at the Pelican Bay Marina in Saratoga Springs. Come jump into the frozen lake for \$25.00. You can sponsor a friend, teacher, or family member! All the proceeds go to the Special Olympics. There Will be a hot(warm) tub, food, camera crews, and music. Wear a costume and bring your friend for some fun! Register at 9:00 am. The plunge is at 10:00 am. Online @ [www.sout.org](http://www.sout.org)

# Swimming, for P.E. Skills?

By, Anna Barnum

Want to go swimming with a bunch of you friends and get school credit for it? It's as easy as enrolling for PE. Thats right, our P.E. classes don't just run and do push ups, they actually get to go places and do fun things! The classes this week got to go to the Legacy Center in Lehi and participate in many fun aqua aerobic activities!

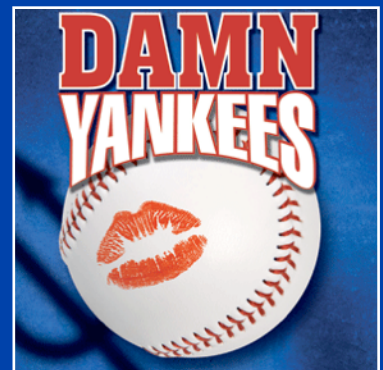
I wouldn't mind taking a break from school and get to relax in a pool for a class period! One short bus ride and you're there, you get to splash around and not worry about home work at all! So forget about what you're going to do with your hair, or wether or not you're wearing waterproof makeup, and just dive in and have fun!!



take the plunge and support Saratoga Police and the Special Olympics!



# CLUBS & ACTIVITIES

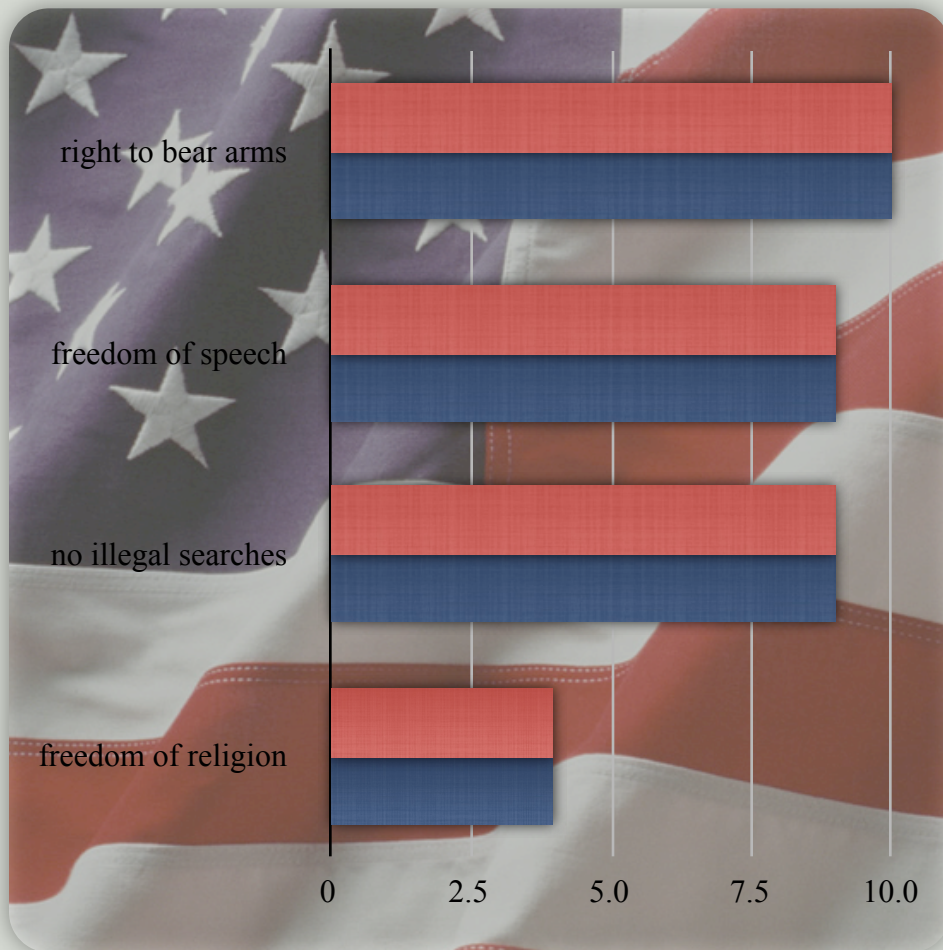


- DEBATE Mr.Mansfield and part of his awesome debate class.

- DAMN YANKEES the musical is coming up. Make sure to buy your tickets and support our students!

- 9th GRADE DANCE  
Saturday, March 13th

# Weekly Poll



**What freedom are you most thankful for?**

This was the famous question for this weeks poll in graph to left.

“I enjoy having the freedom to die. I don’t want to be resesatated.”



“I am thankful for freedom in general because that is what this country is about to me.”

*“He that would make his own liberty secure, must guard even his enemy from opposition; for if he violates this duty he establishes a precedent that will reach himself.”*

*~Thomas Paine*