

Westlake High School ATHLETICS



SUMMER CAMPS dates & other
important dates for summer & fall 2015!

****All Proceeds go toward Westlake High School Individual Team****

Attention ALL Thunder Fans:

Westlake High School has compiled the following booklet for your convenience to participate in the camps & other events offered this coming summer and fall. Westlake High School is great because of our COMMUNITY support! THANK YOU. We hope to see you this summer & fall!

Sincerely,

Michael O'Connor and Sharon Mardesich

Westlake Athletic Department

801-610-8815 #414

MAY 20TH

-ATHLETE REGISTRATION FOR 2015-16 SEASONS!

All potential Westlake High School Athletes & their Parents! This is the Annual evening for athletes and their parents to receive information on sportsmanship, NCAA eligibility, recruiting and physical examinations. Register for your 2015-16 teams. Team Break outs.

For coach's information (e-mail) please visit <http://westlake.alpinedistrict.org/Athletics>



- Monday, September 14th ~ 6th Annual Athletic Golf Tournament
- Wednesday, September 16th ~ Parade and Powder Puff Football Game
- Friday, September 18th ~ Community Carnival & Homecoming Game
- Saturday, September 19th ~ Homecoming Dance (WHS Students only)

Times and Prices will be on the WHS web site in the fall!!

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RANCHES JR. GOLF CAMP



ENTRY FEE:

\$65

PER SESSION

INCLUDES GIFT PACK

AGES: 6-15

\$10 off for sibling discount.
Every participant will receive a gift package and free 9 hole coupon.
There will also be a BBQ on the last day of June and July camps for participants and a parent.

KIDS WILL BE GROUPED BY AGE
BBQ LUNCH WITH JUNE/JULY CAMPS
CLUBS PROVIDED IF NEEDED

CHOOSE FROM 3 SESSIONS
OR ATTEND ALL 3
(4 DAYS OF INSTRUCTION PER SESSION)

MAY CLINIC:

FRI MAY 8, 15, 22, 29 4PM-5:15

JUNE CAMP:

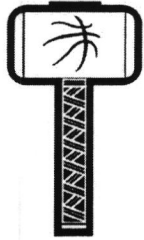
M-TH JUNE 15-18 10AM-11:30

JULY CAMP:

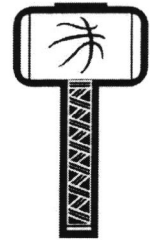
M-TH JULY 13-16 10AM-11:30

To register, call the Ranches golf shop: 801.789.8100
or visit sports programs at emcity.org

All proceeds benefit Westlake High School



WESTLAKE **THUNDER** GIRLS BASKETBALL SUMMER CAMP



This is a four day FUN-filled camp that teaches the fundamentals of basketball to girls in grades 3 thru 12. Our staff is dedicated to teaching all players the fundamentals of the game and helping them further develop their current skills. We make the process of learning basketball fundamentals FUN!

All camp events will be held in the
Westlake High School Main Gym

What to bring:

- A desire to be a better player
- Basketball clothes (shorts, shirt, and court shoes)
- Water bottle

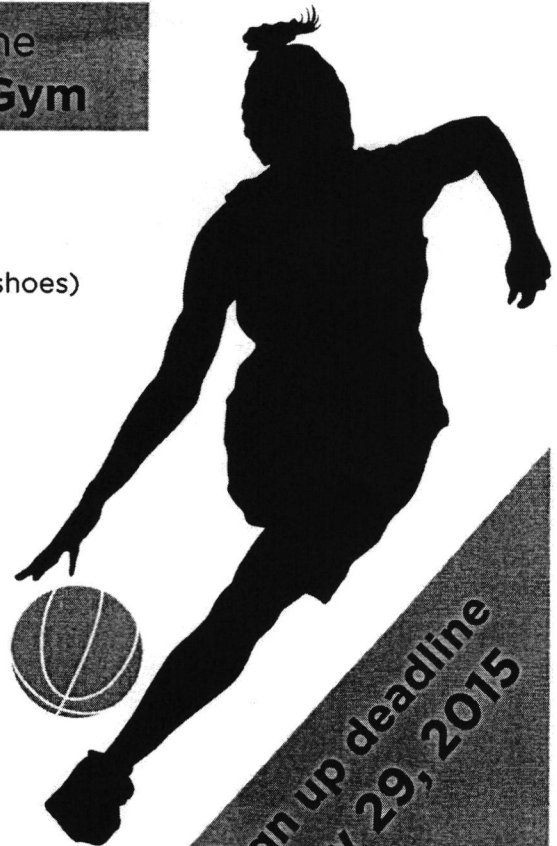
Monday, June 1 - Thursday, June 4

Grades 9 thru 12
8:00-11:00

Grades 6 thru 8
12:00-2:30

Grades 3 thru 5
3:00-5:30

Cost: \$50.00 and includes a t-shirt



Sign up deadline
May 29, 2015

Please pay online at Myschoolfees on WHS website or go to myschoolfees.com. Choose state (UT) district (Alpine) school (Westlake), go to other payments, girls bball. Then you may select the camp for your age group. Pay at the school finance office. You may also pay on the first day of camp. **NO PERSONAL CHECKS ACCEPTED.**

All proceeds benefit Westlake High School



WESTLAKE HIGH BOYS BASKETBALL CAMP

Grades 2-4

- *June 1-4* *2:00pm-3:30pm @WHS aux gyms \$40*

Grades 5-6

- *June 1-2* *4:00pm-6:00pm*
- *June 3-4* *12:00n-2:00pm @WHS aux gyms \$50*

Grades 7-8

- *June 8-11 8:00am-11:00pm @WHS \$70*

Grades 9-10

- *June 8-10 12 noon-3:00pm @WHS \$50*
- *June 15-17 8:00am-11:00am @WHS \$50*

All Camps Include

- Instruction from Westlake High Coaching Staff and Players.
- Camp T-Shirt
- Grade-level Free Throw, 3-point, Hot Shot, 1-on-1 and Skills Course Champion

**PAY ONLINE AT MYSCHOOLFEES.COM (preferred)
or at the door on the day of the event, cash only.**

All proceeds benefit Westlake High School



Westlake Tennis Camp 2015

June 8 - 12
at the Westlake Tennis Courts

Come out and enjoy instruction from the Westlake tennis coaches and players. Open to players of all abilities.

Session One:

Grades K – 6, 8:00 – 10:00 AM

This session will feature the Quick Start tennis format. Play will be on smaller courts (36 ft.), with smaller (junior) racquets, and larger balls. This will enable all children to quickly learn the game and have fun.

Session Two:

Grades 7 – 12, 10:00 – 12:00 PM

This session will stress the modern game of tennis with emphasis on learning proper stroke mechanics, footwork, and strategy. Our simplified program will have beginners playing in no time at all, and more experienced players quickly moving up to the next level!

Both sessions will include games, drills, and match play.

Cost: \$50 per child. All proceeds benefit the Westlake Boys and Girls tennis teams.

Contact Info: For more information, contact Coach Carl Johnson at carl@saratogaspringstennis.com or call 801-766-5084.

Required Equipment: All players will need an appropriately sized racquet, tennis shoes, and a water bottle (or something to drink). All other equipment will be provided.

Westlake Tennis



All proceeds benefit Westlake High School



Westlake Volleyball Presents...

The Summer Digs, Blocks,
Swings, And Aces!!

Volleyball Camp: June 16, 17, & 18

Youth Camp – Our Youth Camp is for male and female athletes entering the 4th-8th grades. The camp will run from 12 – 2 pm in the WHS main gym and will be coached by the WHS coaching staff and varsity volleyball players. The cost of this camp is \$40 payable to the WHS finance office. Bring your friends and **COME PLAY WITH US!**

Skills Camp – Our Skills Camp is for male and female athletes entering the 9th – 12th grades. The camp will run from 2 – 4 pm & 6 – 8 pm in the WHS main gym. Clinicians for this camp will be Dave Albiston and Chantal McMurtrey. Together, Dave and Chantal have built a volleyball dynasty at Bonneville High School in Idaho Falls. They have claimed countless state titles and coached their athletes through National invitational and recruited them to colleges around the country. The cost of this camp is \$110 and is payable to the WHS finance office.

UVU Team Camp – The UVU Team Camp is July 13 – 17. The cost of this camp is \$100 and is open for registration by invite only.

Questions:

For questions about our program or camps, please see our website at:

<https://sites.google.com/site/westlakevolley/>

Follow us on Twitter at:

@westlakevolleyb

Or contact Coach Hall at:

amberhall@alpinedistrict.org



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2015 Summer Baseball Camps

Pitching/Catching 1 Day Camp	Advanced 2 Day Camp
<p>For: Boys in grades 3-8 who want to increase their pitching and/or catching skills.</p> <p>When: June 16th</p> <p>Time: 9:00 am – 12:00 pm</p> <p>Where: Westlake HS Baseball Field</p> <p>Cost: \$30*</p> <p>What to expect: Pitchers will learn the fundamentals of arm care, proper pitching mechanics, fielding from the pitcher position, holding base runners, pickoff moves and more...</p> <p>Catchers will be instructed on proper throwing mechanics, receiving (framing), blocking, throwing to bases, pop-ups, and more...</p> <p>Campers will receive a camp t-shirt.</p>	<p>For: Boys in grades 3-8 who are currently, or who have played on a competition/travel team. Exceptions can be made for players who are interested in making the jump to a competitive team. Please contact Coach Byrd to see if this camp is right for your player. bbyrd@alpinedistrict.org</p> <p>When: June 17th - 18th</p> <p>Time: 9:00 am – 12:00 pm Morning Instruction 1:00 pm – 3:00 pm Afternoon Scrimmaging</p> <p>Where: Westlake HS Baseball Field</p> <p>Cost: \$50*</p> <p>What to expect: Campers will learn advanced techniques in all areas of the game. Morning sessions will be divided into position groups to help players receive instruction that will benefit them the most. In addition to defensive positions there will be hitting and base running groups as well. Afternoons will be devoted to controlled scrimmages where campers can put their newly acquired skills to the test!</p> <p>Campers will receive a camp t-shirt.</p>

***Attend both camps for \$75 (one t-shirt only if attending both)**

Camp Instructors

Ben Byrd – Head Baseball Coach Westlake High School
John Elswood – Pitching Coach Westlake High School
Steve Vincent – Assistant Coach Westlake High School

As well as many current and former Westlake players!

Coaches of players attending the camps are welcome to come and watch.

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JUNE Fri.-19th and Sat.-20th

9am to Noon

LADY THUNDER YOUTH SOFTBALL CAMP

Lady Thunder Youth Camp

Grades 3rd - 8th

Youth Camp \$ 35.00

Come and learn the fundamentals of softball.

Taught by the Westlake High School softball staff.

Pitching, Hitting and Position specific instruction for each camp participant. Each participant will receive valuable knowledge and a Thunder Softball T-Shirt!

TWO FUN FILLED AFTERNOONS

Camp Fees Due: June 12th

Two Ways to Pay: myschoolfees.com or at

WHS Financial Office on Tues/Wed during summer break.

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YOUTH FOOTBALL CAMP – JULY 6-8TH

@ Camp Williams
Non-Padded

1st - 4th Grade

8:30-11:00am

JULY 6th, 7th and 8th

\$50

5TH-8TH Grade

6:00-9:30pm

JULY 6th, 7th and 8th

\$75

Utah Sports Academy Presents a Youth Football Camp that will provide instruction for football players wishing to improve their overall skill level. We will focus on the fundamentals of the game of football with high repetition drill work and teaching from highly qualified coaches. Camp sessions will focus on footwork, technique, speed, and overall football knowledge through one-on-one instruction, fundamental stations, position drills, 7 on 7 competition and most important...FUN! Camp will include t-shirts and other prizes and awards!

1st-4th Grade Itinerary

Lesson of the Day

Offensive Drills

Celebrity Guest Speaker

Defensive Drills

Obstacle Course

5th-8th Grade Itinerary

Lesson of the Day

Offensive Drills

Celebrity Guest Speaker

Defensive Drills

Punt, Pass, Kick Competition

7-on-7 Competition

CAMP IS LIMITED SO SIGN UP NOW @
WWW.UTSPORTSACADEMY.COM

Camp Fees Due: July 2

Twitter: @UTsportsacademy

Facebook: Utah Sports Academy

Email: utahsportsacademy1@gmail.com

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WESTLAKE HIGH SCHOOL YOUTH SOCCER CAMP K-7th

This year, we will be developing all around athletes, soccer players, and a creating lasting memories. Working with the high school coaches and the team, all of the youth will have a great experience that they will never forget. Come support the girl's soccer team and develop your soccer skills. All proceeds go to the Westlake High Girl's Soccer Team.

Developing the best athletes and teams...

- Trained by top trainers
- Working with the HS team
- Great skill development
- Memorable Activities
- Team Building
- Overall Great Experience!

When: Monday, August 10th- Friday, August 14th
For: grades K-4 & 5-7th
8:30am-9:30am. \$55 with Westlake Gear
9:30am-11:00am. & 65 with Westlake Gear

For Payment, log onto:

1. Myschoolfees.com
2. At the bottom, Select school to Login as a guest -- Select Westlake High
3. Click on Girl's Soccer
4. Select Youth Camp
5. Check Out

*****All Proceeds go toward Westlake High School Individual Team*****



WESTLAKE HIGH SCHOOL TEAM SOCCER CAMP 9th-12th

This year, we will be developing all around athletes, soccer players, and a creating lasting memories. Working with the high school coaches and other top trainers, all of the participants will have a great experience that they will never forget.

Come support the girl's soccer team and develop your soccer skills.

All proceeds go to the Westlake High Girl's Soccer Team.

Developing the best athletes and teams...

- Trained by top trainers
- Professional Fitness Training
- Great skill development
- Memorable Activities
- Team Building
- Overall Great Experience!

**When: Monday, July 6th, Wednesday July 8th,
Friday, July 10th For: grades 9-12
8:30am-9:30am, 3-4:30pm, 7-9pm**

For Payment, log onto:

1. Myschoolfees.com
2. At the bottom, Select school to Login as a guest -- Select Westlake High
3. Click on Girl's Soccer
4. Select Team Camp
5. Check Out

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Mini CHEER Camp

When: Aug. 25, 26, 27

From: 6-7:30pm



Where: Westlake High School Aux. Gym

What: Jumps, Kicks, Cheers and a half time routine to perform Friday Aug. 28th at the High School football game. They will also receive a T-shirt to perform in.

Cost: \$30 Per Child.

Ages 3-15. Pay online at myschoolfees.com click Public Payment go to Mini Cheer Camp.

Any Questions please E-mail :taytumbler@hotmail.com

All proceeds benefit Westlake High School

WESTLAKE JR. DRILL TEAM!

September 22 & 24 @ Westlake High School
From 4:00p-5:30p
(Registration Tuesday September 22nd at 3:30p)



AGES: K - 9th
Cost: \$35
(two family members - \$60)

All Mini Storm Members Receive:

*A T-Shirt! *A Chance to Perform in the **September 25th** home football game! *Learn Routines from the Storm Drill Team! *Treats after practice!

**You can sign up in the front office at Westlake –or–
From your favorite Westlake Storm Dancer!**

Please Return Bottom Portion With Payment to the **Office!**
Or on Day of Registration(Receipt Needed)
Pay online at myschoolfees.com (Receipt Needed)

Name: _____

Grade: _____

T-Shirt Size:

Child					
XS	S	M	L	XL	
Adult					
S	M	L	XL		

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REGISTRATION FORM

FOOTBALL & GOLF:

(See Flyer for Registration instructions/Do not REGISTER WITH WHS)

TWO EASY WAYS TO REGISTER!

1. GO TO MYSCHOOLFEES.COM>Sign In to Westlake H.S.>Public Payments>Select Camps
OR
2. COMPLETE THIS FORM FOR EACH PARTICIPANT AND BRING/MAIL TO WESTLAKE HIGH SCHOOL

Attn: Finance Office 99 North Thunder Blvd, Saratoga Springs, UT 84045
RETURN THIS FORM WITH PAYMENT!

Name: _____ **Circle shirt size!**
Shirt Size YS YM YL AS AM AL AXL A2XL

Address: _____

Phone: _____ Email: _____

School Attending: _____ Grade for 2015-16 (Next School Year): _____

Parents Name: _____

Insurance Information:

Insurance Carrier: _____

Policy #: _____ Group #: _____

I, the undersigned, submit that my CHILD/CHILDREN is physically fit and able to participate in strenuous activity and hereby expressly waive any claims against Westlake High School, its employees, agents, personnel or volunteers for any illness or injury that my child may sustain by participating in this Camp. I hereby authorize Camp personnel and directors to act on my behalf in using their best judgment in treating any medical situation that may arise. I understand that I am solely responsible for payment of any such medical expenses and must provide the Camp with proof of medical/accident insurance.

Parent Signature: _____ Date: _____ Print Name in Full: _____

Name of Physician: _____

Sponsored by _____ (If Applicable)

Circle All Participating Camps

Baseball Boys Basketball Girls Basketball Volleyball
Cheer Drill Soccer Softball Tennis

**THIS FORM MUST BE MAILED OR TURNED INTO FINANCE
OFFICE WITH PAYMENT! (Except Football & Golf-See insert)**

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ALPINE SCHOOL DISTRICT

Student Personal Information Release—School/District/External Publications and Web

Dear Parents/Guardians,

From time to time, your child's name and/or photo might be considered for publication/display in a web page or publication, school/district created or other external publication (media outlet, etc.). Please take time to review the Information Release Form and select all appropriate options. If your preference changes during the year, you are responsible for contacting the school and completing a new form. If you have any other questions, please contact the school before signing.

Please initial in the box(es) below to indicate you agree to give permission.

SCHOOL DISTRICT WEB & PUBLICATION RELEASE: (For publication in school/district printed publications and web pages/websites)

The school and district have permission to display my child's photo with first and last name attached.

I understand that this information will be available to anyone on the Internet/ World Wide Web.

Please note that this does not replace the District's Acceptable Use Policy or imply permission to use internet services.

EXTERNAL MEDIA WEB & PUBLICATION RELEASE: (For publication by media outlets such as newspapers, radio, television, etc.)

External media outlets have permission to display my child's photo with first and last name attached.

External media outlets have permission to interview my child for newspaper or television.

By signing below, I verify that I understand the above release and that I have indicated my preferences. By leaving a box empty, I am indicating that I do not wish for permission to be granted. If my preferences change during the school year, I will contact the school.

Parent/Legal Guardian Signature

Date

Child's Name (please print)

Child's Grade

Schools should keep the completed form on file at the school.

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