Westlake Baseball Camps

https://www.saratogaspringscity.com/789/Westlake-Baseball-Camp

Summer Camp Details 2019

Westlake boy's baseball summer camps are for grades 2-9. Learn the necessary skills to be a successful baseball player.

The Westlake HS baseball coaching staff and varsity players, under the direction of head coach Taylor McFarland, will provide hitting, pitching, defense, and team baseball camp instruction.

There are three camps to choose from.

Who: 2-9 graders determined by 2019-2020 school year

Includes: 2.5 hours of instruction per camp.

Registration: April 1 through day before camp

Fees: Each camp is \$100. If you sign up for two you will get 10% off the total, if you sign up for all three then you will get 25% off the total.

Camps will be held at the Westlake baseball field.

Summer Baseball Camps

Summer Camps					
Camp	Grades	Date	Time	Cost	
Camp 1	Grades 2-5	June 10-12	8 am - 10:30 am	\$100	
Camp 1	Grades 6-9	June 10-12	10:30 am - 1 pm	\$100	
Camp 2	Grades 2-5	June 17-19	8 am - 10:30 pm	\$100	
Camp 2	Grades 6-9	June 17-19	10:30 am - 1 pm	\$100	
Camp 3	Grades 2-5	July 15-17	8 am - 10:30 am	\$100	
Camp 3	Grades 6-9	July 15-17	10:30 am - 1 pm	\$100	

Westlake Boy's Basketball Camp

https://www.saratogaspringscity.com/350/Westlake-Boys-Basketball-Camp

Camp Details 2019

Westlake Boy's Basketball, 2016 5A State Semi-Finalists, would like to invite all boys grades 2 to 10 to our annual Thunder Skill-Development Basketball Camp at Westlake High School. Each 5-day, grade-specific, camp will emphasize proper shooting, ball-handling and passing technique in a fun and competitive environment.

The WHS coaching staff and Varsity players under the direction of Head Coach Nate Carling, 2016 Daily Herald Coach of the Year, will provide the camp instruction. All grades are determined by the 2018-2019 school year. There is a \$10 fee for day of camp registration and all campers receive a t-shirt.

Registration opens April 1st.

Grade	Camp Dates	Time	Cost
Grades 2 - 3	June 17 - June 21	10:30 am - 12 pm	\$75
Grades 4 - 5	June 17 - June 21	1 pm - 3 pm	\$100
Grades 6 - 8	June 17 - June 21	3 pm - 5 pm	\$100
Grades 9 - 12	June 17 - June 21	8 am - 10 am	\$100

Westlake Girl's Basketball Camp

https://www.saratogaspringscity.com/364/Westlake-Girls-Basketball-Camp

Camp Details 2019

This is a fun-filled camp that teaches the fundamentals of basketball to girls in grades 3rd through 12th grade. Our staff is dedicated to teaching all players the fundamentals of the game and helping them further develop their current skills. We make the process of learning basketball fundamentals fun.

There will be two camp sessions this summer as well as a shooting clinic. You can choose to attend either camp or both. There is a bundle package if you choose to attend both camps. The bundle does not include the shooting clinic. There is a \$10 fee for day of registrations.

Camps will be held at Westlake High School. All grades are determined by the 2019-2020 school year.

Registration opens April 1st.

Camps 1 & 2

Grades	Dates	Times	Cost	Bundle Cost
Grades 3rd - 5th	June 10-13 and July 22 - 25	8:30 - 10 a.m.	\$60	\$100
Grades 6th-8th	June 10-13 and July 22 - 25	10 - 11:30 a.m.	\$60	\$100
Grades 9th to 12th	June 10-13 and July 22 - 25	1:15 - 3:30 p.m.	\$75	\$125

Shooting Clinic

Grades	Dates	Times	Cost
Grades 5th - 8th	July 30-31	9 - 10:30 a.m.	\$25
Grades 9th - 12th	July 30-31	10:30 - 12:30 p.m.	\$25

^{***}Westlake Girls Basketball High Adventure Camp: June 24-29 St. George, Utah. Registration for the High Adventure Camp will run through Westlake High School Finance Office***

Thunder Tots Basketball Camp (K-2nd Grade) Boys and Girls

https://www.saratogaspringscity.com/652/Thunder-Tots-Basketball-Camp-K-2nd-Grade

Camp Details 2019

This is a fun-filled camp that teaches the fundamentals of basketball to boys and girls in grades K-2nd. Our staff is dedicated to teaching all players the fundamentals of the game and helping them further develop their current skills. We make the process of learning basketball fundamentals fun.

There will be two camp sessions this summer. You can choose to attend either camp or both. There is a bundle package if you choose to attend both camps. There is a \$10 fee for day of registrations.

Camps will be held at Westlake High School. All grades are determined by the 2019-2020 school year.

Registration opens April 1st.

Fee: \$35 per camp or \$60 to bundle both camps.

Where: Westlake High School

When: Camp 1 June 10-13, Camp 2 July 22-25

Time: Noon - 1pm

Ballroom Dance

The ballroom camp dates are tentatively set for Aug. 5th through 9th and ran through Natalie as a clinic packet just for team members next year. It will be \$50 per team member—only high school and junior high team members, 8 AM to 3 PM. It will be held in both the cafeteria and dance room.

Camp/Registration will run through the Westlake High School finance office

Westlake Dance Company

https://www.saratogaspringscity.com/351/Westlake-Dance-Company

Chelsea Budge with the assistance of Westlake Dance Company will be hosting a summer dance camp. Take advantage of this fun and affordable opportunity to train with the best of the best!

All participants will receive a t-shirt!

Program Details 2019

Registration opens April 1st.

- Date: June 11 to June 14
- **Location**: Classes will be held in the dance room E159 at Westlake High School. Enter through Northeast doors by the tennis courts.
- Cost: \$50 per session (Includes a t-shirt)
- Parent Showcase: Last Day of Camp

Camp Schedule

9 to 10:15 a.m. - Beginning contemporary/jazz/tumbling technique (ages 5 to 9)

10:30 to 11:30 a.m. - Hip-hop (ages 5 to 9)

11:30 a.m. to 1 p.m. - Advanced Technique (Ages 13 plus or by permission)

What Dancers Will Learn

Dancers will learn:

- Confidence
- Creativity
- Health
- Self-worth
- Safety
- Proper Dance Technique

For more information, please visit their website.

Drill Team

Summer Schedule

- June 3-6 7-11a practice
- June 7-8 hip hop CHOREO
- June 10-12 camp in Murray
- June 17-20 7-11a practice
- June 24-27 7-11a practice
- July 22-23 7-11a practice
- July 29-August 1 7-11a practice
- August 5-8 7-11a practice
- August 12-15 7-11a practice
- August 19 7-11a practice

Westlake Football

Summer Schedule:

SUMMER WEIGHTS: June 3 – June 28 - WHS weight room Monday, Wednesday, Friday from 6am-9am *running shoes and cleats required daily

FOOTBALL PADDED CAMP CHECK IN: July 8 – July 9 - location: WHS July 8 - 8am-10am – Varsity and JV players only Check-in and clearance – we will be checking for fees paid, Register My Athlete clearance, and distributing equipment and spirit pack. July 9 - 8am-10am–Sophomore and potential 9th graders playing up Check-in and clearance – we will be checking for fees paid, Register My Athlete clearance, and distributing equipment and spirit pack.

FOOTBALL PADDED CAMP: July 10 – July 19 – location: WHS
July 10 – July 11, 6am–8:30 am Helmets only
July 12, 15, and 16 – 6am–8:30am Helmets and shoulder pads
July 17 – July 18 – 6am–8:30am AND 6pm–8:30pm FULL GEAR
July 19 – 9am–11am – Full gear scrimmage
11am – LUNCH
7:30pm–11pm – POOL PARTY AT LEHI POOL
BBQ from 7:30-9 at pavilion and swimming from 9-11

LITTLE LEAGUE CAMP: July 10–12 - 9-10:30am for grades 1-6 (Junior players assist) July 15-17, 2019 9-10:30am for grades 7-9 (Senior players assist)

SKILLS AND CONDITIONING CAMP: July 22 – July 26 – 6am-8:30am daily

***Camps/Registration thru Westlake High School

Westlake Track & Field Camp

https://www.saratogaspringscity.com/930/Westlake-Track-Field-Camp

Westlake Track & Field Camp 2019

Westlake Track and Field would like to invite all boys and girls grades 1-9 to participate in our summer Track Camp. Westlake Varsity Track Coaches: Coach Anderson, Coach Burrows, Coach Ercanbrack, and Coach Felix will be running the camp along with a few selected Varsity Track Athletes. Coaches and Athletes will take time on Monday and Tuesday to teach kids the fundamentals of throwing, jumping, sprinting, and distance running.

Wednesday will be a mini track meet where families and friends are invited to come watch your son, daughter, brother, sister, or friend compete and showcase what they have learned throughout the camp.

The kids will be split up by age group as they go through different drills on Monday and Tuesday as well as during the mini track meet on Wednesday.

All athletes are invited and encouraged to attend both weeks. It will be especially helpful for the older athletes looking to participate on the Westlake Track and Field Team in the near future.

Grades are determined by 2019-2020 school year.

Registration: April 1 - Day before the camp

Location: Westlake High School Track

Fee: \$25 per camp or \$40 for both

Camp Information

Camp	Dates	Times	Cost	Bundle Cost
Camp 1	June 10 - June 12	10 am - 12 pm	\$25	\$40
Camp 2	June 24 - June 26	10 am - 12 pm	\$25	\$40

Westlake Soccer Camp Boys and Girls

https://www.saratogaspringscity.com/653/Westlake-Soccer-Camp

Camp Details 2019

The Westlake soccer camp is run by boy's and girl's head soccer coaches Don Bastian and Jason Judy with Westlake soccer athletes. The camp is a three day camp for ages kindergarten to 9th grade. All participants will receive a camp shirt.

Registration: April 1st - Day before camp

Who: Boys and Girls Grades Kindergarten through 9th grade.

When: July 15-17

Where: Westlake High School

\$10 fee for day of registration.

Grades	Date	Time	Cost
K - 2nd	July 15th-17th	9 am - 10 am	\$30
3rd-4th	July 15th-17th	7 am - 8:30 am	\$60
5th-6th	July 15th-17th	7 am - 8:30 am	\$60
7th-9th	July 15th-17th	9 am - 10:30 am	\$60

Westlake Volleyball Camp

https://www.saratogaspringscity.com/367/Westlake-Volleyball-Camp

Camp Details 2019

Registration opens April 1st.

Thunder volleyball camps are for all girls entering 2nd through 12th grade. These volleyball camps are for the beginner, intermediate, and advanced players. Players will be sorted to courts according to ability, as evaluated by the coaching staff.

All age groups will learn and practice the fundamentals of each volleyball skill. The younger kids will also have fun games mingled in between their volleyball reps. The older girls will also learn team strategies and formations.

Please arrive at least 10 to 15 minutes prior your session. All camps will be held at Westlake High School gyms. All grades are determined by the 2019-2020 school year.

There is a \$10 fee for day of registrations.

Questions:

For any questions about the Westlake Volleyball Program or Camps, <u>please email coach</u> <u>Rushing</u>.

Camp Number	Grades	Girls or Boys	Date	Time	Cost
Camp 1	6th to 8th	Girls and Boys	June 24 - June 27	9:15 am - 11:30 a.m.	\$90
Camp 2	2nd to 5th	Girls and Boys	June 24 - June 27	12:00 pm 1:30 p.m.	\$60
Camp 3	9th to 12th	Girls	June 24 - June 27	2:00 p.m 5:00 p.m.	\$120

Westlake Wrestling Practices/Camp

Summer Practices: June and July, Monday – Thursday, 6:30-7:30 (excluding team camp and all Sports Moratorium in July)

Team Camp: June 11th - 14th in the Blackhawk Arena, Salina, UT. Cost is \$50. 8th -12th grade

Team Camp/Registration will run through Westlake High School finance office