

Dear Westlake Parents, Students and Community Members,

In light of recent events within our community, Westlake High School faculty and staff continue to determine ways to keep students prepared and safe in case of an emergency.

Westlake is creating classroom crisis kits to be used in the event students are required to remain in class for extended periods of time. These kits will provide food, water, first aid, hygiene supplies, disaster relief, and social/emotional support in order to maintain student wellness and safety.

Westlake is collecting monetary donations to help with the cost of the kits. All funds will go directly to the crisis kits and student safety. If you would like to donate please click on the link below or use the QR code. We will be collecting donations until March 1st. Attached below is a list of items that will be provided for each kit.

[https://www.paypal.com/donate/?hosted\\_button\\_id=REPB6R6KH5HXG](https://www.paypal.com/donate/?hosted_button_id=REPB6R6KH5HXG)



Thank you for your support,  
The Westlake Crisis Team

If you have questions regarding the kits please contact Heather Austin, Westlake Counselor  
[haustin@alpinedistrict.org](mailto:haustin@alpinedistrict.org)

(see next page for list of items in kits)

## CRISIS KIT SUPPLIES

### For search and rescue:

- (1) pair leather palmed work gloves
- (1) pair safety goggles
- (1) pry bar

### For easier breathing:

- (40) dust masks
- Masking tape

### For minor medical situations:

- (1) first aid kit
- (6) pairs vinyl gloves
- (3) 3" gauze compress
- Triangle bandages
- Tourniquet

### For warmth/shelter:

- (2) 8 ft x 10 ft tarp/ground or overhead cover
- (3) emergency thermal blankets
- (1) roll duct tape

### For communication and light:

- (1) whistle
- (1) flashlight with two sets of batteries
- (2) 12-hour light sticks

### For maintaining proper hydration and nutrition

- (40) 4 oz. water pouches [5-year shelf life - U.S. Coast Guard approved]
- (40) granola bars (replaced yearly)

### For maintaining proper sanitation:

- (1) 5 gallon bucket with lid
- (6) biowaste toilet bags
- (2) toilet paper roll
- (100) moist towelettes
- Feminine hygiene
- Shower curtain for privacy

### For the teacher:

- (1) waterproof document pouch
- (1) writing tablet
- (2) pens
- Label identifies kit in an emergency
- Phone charger

## COMFORT KIT SUPPLIES

- Drawstring backpack
- Small blanket
- Game
- Pack of cards
- Fidget toys
- Mints/hard candy
- Stuff animal
- Calming cards
- Colored pencils
- Coloring book
- Ear plugs